AUTUMN 2016

Hands on News

The **FREE** newspaper for Barton produced by Barton residents and community workers

BARTON SINGS!



BARTON Sings is a community singing group, which took shape in the wake of a Channel 5 TV series back in 2006 called The Singing Estate. Viewers watched the conductor Ivor Setterfield create a choir out of volunteer songbirds from Blackbird Leys, and they sang at the Albert Hall, and in a private concert for the Queen.

After its success, funding was allocated to set up other community choirs, and that's when Janet Stansfield was approached to get a singing group together in Barton.

Janet was already running community singing groups in other places, so she was the perfect choice to get some sessions going on the estate.

After spending time getting to know local people, she formed Barton Sings, which is still thriving ten years on, with a little gap in between while she looked for more funding. The current funding comes from Sound Resource, a charity actively promoting community singing.

The funding means that anyone can join the group, whether they are on benefits or not, and there's even a bursary for people who find the special £1 rate too much to spare. It's a great way to meet people and have a lot of fun! Men and women are equally welcome.

Sessions are run mainly at Meadowbrook on Stowford Road, in the residents' lounge. It's a comfortable, homely place for a group of people to meet up and sing together. Barton Sings has been described as "not so much a singing group, more like a social group that sings", and there are plenty of laughs as well as singing going on.

Barton Sings welcome everyone, men and women, whether they think they can sing or whether they come from that group of people who were told to just "mime in the school choir". Janet says that if she had a pound for every time someone told her "Oh, I can't sing", or "You wouldn't want to hear me", she'd be a very rich woman. Often she hears it from people who have plucked up their courage to come along to see what it's all about, before they've even sung a note. She wants people to realise that it just doesn't matter.

Janet says "For most of human history humans have sung together as part of normal daily life, and to celebrate. It's just a really good way of joining together with other people. It doesn't have to be a super-special or super-skilled thing". A community singing group is more than the sum of its parts, Janet thinks. "What happens is that when voices of all kinds blend together, you get a very interesting sound."

The benefits of singing are many and well-proved. It's not only good for you physically, but it can have amazing mental benefits too. Singing lightens the spirit and exercises the lungs, as well as bringing people together. It just makes you feel good. Barton Sings loves singing, but it also likes to enjoy itself.

Barton Sings has performed at Bury Knowle Library, and at a "taster session" at a local GP surgery, and it's a stalwart of the Barton Bash. They've sung at care homes, and even Bayards Primary School. But it's not all about performances. Mainly Barton Sings is about getting together for a fun time making music.

■ **If you think you would like to give it a go, either just turn up to a session, have a word with Janet at the next Bash (15 October), or get in touch with her on 01865 762200, or at jan.song@hotmail.com. If you don't get an answer at once, leave a message, and she will definitely get back to you.**



Bayards has got talent!

SEE PAGE 3



New pavilion in the pipeline

SEE PAGE 5

PAGE 2 . . . . . Useful numbers
Barton improvement scheme
PAGE 3 . . . . . Barton Community Lunch
PAGE 4 . . . . . Endeavour Academy
PAGE 5 . . . . . Townsend House
PAGE 6 . . . . . Barton Community Association
PAGE 8 . . . . . Learning in Barton
PAGE 9 . . Sandhills Community Primary School
PAGE 11 . . . . . Useful info

গুড ডে এবং আমাদরে সব বাংলাভাষী পাঠকদরে স্বাগতম

Good Day and Welcome to all our Bengali speaking readers

USEFUL NUMBERS

SCHOOLS

Bayards Hill Primary School	01865 761656
Cheney Secondary School	01865 765726
Sandhills Primary School	01865 433000
Wheatley Park Secondary School	01865 872441

HEALTH

Barton Surgery	01865 744221
Bury Knowle Health Centre	01865 308400
Manor Surgery	01865 762535
Churchill Hospital	01865 741841
John Radclifffe Hospital	01865 741166
Nuffield Hospital	01865 741155
NHS Direct	111

LOCAL SHOPS

Chemist	01865 763106
Chippy	01865 761712
Spar	01865 763606

COUNCILS/COUNCILLORS/MP

Andrew Smith M.P	01865 595790
Oxford City Council	01865 249811
Oxfordshire County Council	01865 792422
Cllr Van Coulter	07767496409
Cllr Glynis Phillips	07929659902
Cllr Mike Rowley	07827532445

SERVICES

Barton Community Association	01865 761987
Leisure Centre	01865 467290
Barton Pavilion	01865 452616
St Mary's Church	01865 761886
Oxford Mail	01865 425262
Civicare	01865 744174
Barton Advice Centre	01865 744152
Getting Heard (Oxfordshire Advocacy)	0300 343 5718
Roundabout Family Centre	01865 764952
Police – Emergency	999
Police – non emergency	101
Recycling and Waste information	01865 249811

The Hands on News Team

Contact: Clayton Lavallin
Email: clayton.lavallin@hotmail.co.uk
Tel: 07421 749736
Contributors: Pippa Gwilliam, Sue Holden.

www.oxford.gov.uk OXFORD CITY COUNCIL
GreenSquare
Barton Community Association

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Exciting progress in Barton improvement scheme

AFTER several years of championing for new 'Welcome to Barton' signage, residents of Barton will be pleased to see the new signs installed in their community this autumn. This follows several successful meetings between Oxford City Council and Oxfordshire County Council's highways department about the sizes and styles of the signs and where they could be placed.

Residents who attended the Barton Community Association's AGM in July were able to help the City Council choose a blue and gold design between two possible designs for the signage that will be installed at either end of Bayswater Road. The signs will go a long way to promote the strong identity that Barton has in the city and also welcome those visiting the community.

More improvements of the street scene are planned for next year as part of the 'Investing in Barton' regeneration programme, which will also include improvements to the Barton Neighbourhood Centre. The City Council will upgrade the common and reception areas of the centre, along with the sports hall. Customers visiting the centre will enjoy an improved experience and also benefit from the expanded doctors surgery that will be created

The City Council intends to speak to BCA and other occupiers of the building before engaging with the wider community at the Barton Bash.

The redevelopment of Underhill Circus will form the centrepiece of the Barton regeneration scheme. The City Council has plans for the significant redevelopment of Underhill Circus and is currently working up detailed proposals. When completed, these proposals will be put to the Barton community for consultation.

■ To find out more about the 'Investing in Barton' regeneration scheme and to have your say about these projects, come and find us at the Barton Bash on 15 October 2016 at Barton Neighbourhood Centre or visit www.oxford.gov.uk/investinginbarton.





Bayards has got talent!

By **Stephanie,** a Year 5 pupil at Bayards Hill Primary School

MONDAY, 27 June was the day for finalists from Years 3, 4, 5 and 6 to perform in our "Bayards Has GotTalent!" show. Everyone was looking forward to watching the fantastic acts and the judges were feeling ecstatic!

First up was David from Year 3 who was dancing to Uptown Funk, making everyone cheer with joy and thrill.

Next up on stage was Antonia doing an elegant ballet dance. The judges quoted that "Wow! What a talent! It was a beautiful piece."

Third on stage was The Whippy Girls, a few girls from Year 4, who were singing and dancing to Whip Nae Nae. The audience was screaming and cheering along to the song as well as clapping.

Fourth up was 'The Best' singing and dancing to Justin Beiber's Sorry. The four girls and one boy from Year 4 were told by one of the judges that they were "extremely gifted and talented and should be proud of themselves."

Next on stage were Demi and Sharni from Year 5 singing one call away. The audience clapped with delight and were in amazement with their beautiful voices. Sixth on stage were Erik and Fadil singing to locked away. Mrs West quoted that "they had skills while singing and dancing." The audience was waving and cheering whilst they sang magnificently.

After our sixth act came our seventh act Pioneer Class, including Miss Spence, dancing to What Did the Fox Say! The audience loved this act and there were lots of cheers. Next was Christian who was singing to Superhero. Mrs Stevens quoted that "He has a remarkable voice that deserves to be shared with the whole world." Other contestants even agreed with the judges, as well as the audience. Last but not least was Sharon from Year 6 singing to elastic heart. A member from the audience quoted "Sharon's voice is very powerful and strong. Singing to elastic heart can be extremely difficult especially in front of an audience." The audience was extremely impressed by her braveness.

Then the day everyone had been anxiously waiting for had arrived – the announcement of the top four acts had been announced on the take me home letter! The winners were:

- Charlie (from Key Stage 1) doing a karate demonstration.
- Margarette, Breanna, and Ratu dancing to Sorry.
- Demi and Sharni singing to One Call Away.
- Christian singing to Superhero.

Well done to everyone who had the courage to take part in auditions, and thank you to our brilliant judges! Also, of course a massive well done to our winners!

Underhill Circus:
Is it one-way?

THIS is an open plea to whoever is responsible for the signage around Underhill Circus denoting that it is definitely a one-way system – and which way is the right way! This problem was highlighted by a member of the public at our recent Annual General Meeting through the Open Forum section.

Most local drivers realise that Underhill Circus is, in fact, a roundabout and therefore the traffic is one way in a clockwise direction. Unfortunately, many drivers who are new to the area don`t seem to realise the direction of traffic, and more recently we have noticed an increase in the number of drivers going round the wrong way. Providing no traffic is travelling in the right direction at the time then we remain incident free, but its not just about the traffic. Pedestrians crossing the road often assume that traffic will only appear from one direction, and step out without realising that a vehicle is approaching from their left instead of their right. This may be an elderly person with mobility issues as well as poor eyesight, or maybe a young child who doesn't automatically think to look both ways – just in case. Many a verbal altercation has been witnessed from the kerbside.

Although there is some signage in place already it clearly isn't obvious enough for drivers unfamiliar with the area. Maybe we could ask for some new road markings indicating the flow of traffic as well as some new one way signage – whatever it takes to prevent a potential accident happening.

Barton United latest

By **Michael Beesley**

BARTON United would like to remind all the children and parents that we are playing up at Bayards until the new ground is built.

Also Barton United is hosting a Family fun day on the 27 August at the Neighbourhood centre from 12 to 4pm all welcome.

As chairman I would like to thank on behalf of the club, the developers of Barton Park Grosvenor and Blackwell who are responsible for the roads and ground work, for their generous donation toward our funding for the portable goals we had to buy for our senior teams.

I also need to mention the continued support we receive from our local counsellors Mike Rowley and Van Coulter and the BCA during our period of away from our ground.

Community Lunch celebrates first anniversary!

BARTON Community Lunch celebrated its first anniversary in August with 50 people, from eight weeks old to 80!

The Community Lunch is on the first Sunday of every month and has been running at Barton Neighbourhood Centre since August 2015. It is organised by volunteers from the Barton Community Church.

Everyone is welcome there. We even have people coming along who don't live in Barton.

The Community lunch brings a friendly, welcoming atmosphere and great food at only £1 per adult and 50p per child to the community on the first Sunday of the month 1–3pm. There are also activities each time for the kids and a dessert too!

The next lunch will be Sunday 4 September, 1pm. So come along and bring the family for a lovely meal, good company and all round fun. Follow us on Facebook Barton Community Lunch for more news and updates.



Oxfordshire ageUK

Community Information Network

Regular Gadget Drop in



*Do gadgets baffle you?
*Are they just gathering dust at home?
*Would you like some help?

We are on hand to help weekly at

Barton Neighbourhood Centre
Starting Wednesday 14th September
2.30pm-4.30pm

Barton Community Association

Registered Charity Number 1091529

Barton Park Project update

New Staff update
On Tuesday 19 July, Blackwell exhibited at the Barton Job Fair which was a well-attended event. We spoke to several jobseekers while we were there, regarding current vacancies we had available on the Barton Park scheme, and we arranged several interviews.

We are delighted to have taken on Jake Mundy as our new site administrator, Jake is local to the scheme and we wish him the very best in his new role.

Sponsorship
As you may all be aware Barton United Football Club have had to make some major changes during the construction of Barton Park.

To help the team during this disruption, Blackwell previously donated a storage facility to the club to enable them to store all their equipment in a safe environment and more recently Blackwell and Grosvenor jointly donated £900 towards temporary goal posts.

Flat 73 – A Human Story Theatre Production

By **Sue Holden**

PLEASE come and join us on Sunday 9 October at the Neighbourhood Centre at 2pm and watch the Human Story Theatre production of" Flat 73".

This play had its launch at the Old Fire Station and will be touring throughout the county over the coming months. It will contain storylines that most of us will be able to connect to or relate to in our own lives and the play will last for approximately one hour.

We will be serving free refreshments both before and after the production, and there will be an opportunity to ask questions of the cast about the story and its characters.

Barton Community Association will be making a donation to the production company so everyone can feel free to come along on 9 October to enjoy the event. Look forward to seeing you there.

MacIntyre Academies

We are Recruiting at

Endeavour Academy

Endeavour Academy is a happy and nurturing School and Children's Home for young people with autism and severe learning difficulties aged 8 to 19.

Are you interested in working for us?

Find out more about our vacancies including Teaching Assistants, Residential Support Workers and After School Club staff by visiting:

http://www.macintyreacademies.org/

And clicking on Work for us/Current Vacancies

No experience necessary we offer full induction, training and career opportunities, generous annual leave entitlement and local government pension scheme as well as an employee assistance programme to support your health and wellbeing.

Learn about us on our website: http://www.endeavour-academy.org/

You can also email us at recruitment@macintyreacademies.org or call 01865 767766 to arrange a time to visit us at Waynflete Road, Headington, Oxford, OX3 8DD



Endeavour Academy

ABOUT to enter our third year, Endeavour Academy is an environment full of life and energy and commitment to giving students a learning experience that releases their full potential.

Based in Headington, the school opened in 2014 for children and young people aged 8 – 19 with autism and severe learning difficulties. It was set up in response to demand from families in the county who wanted their children to learn locally in an autism specific environment with the additional option of residential support if required. Oxfordshire County Council continue to be a key partner to getting it right for our students.

Working in partnership with families and local organisations is really important to us and we value the support of the local community – always looking for opportunities to build connections. We enjoy getting involved with fundraising and any excuse to get dressed up or bake cakes!

Angela O'Rourke is the Principal of Endeavour Academy and welcomes anyone who wants to find out more to get in touch on 01865 767766. We are always happy to talk to you!

■ **www.endeavour-academy.org**

Why lend a hand?

OXFORD City Council knows local people give their valuable time and energy to support their communities. Many wonderful volunteers support small groups and other organisations by sharing their skills and knowledge, and have a lot of fun and learn new skills in return.

The Communities Team is conducting a small survey about volunteering because they would like to find out how they can enable more people to take part in volunteering opportunities. Knowing what inspires people to volunteer and what stops people from volunteering will help us to encourage people in different ways, and to make it easier for those who wouldn't usually think of themselves as volunteers to join in.

Copies of the survey can be found at Barton Neighbourhood Centre, or online at www.oxford.gov.uk/volunteersurvey.

Residents of Barton, Blackbird Leys, Rosehill, and Woodfarm helping with the volunteering survey can be entered into the prize draw to win shopping vouchers to the value of £50, either by filling out the form, talking to us about your experience, or taking part in a focus group.

■ **For more information, contact Sue Taylor, Communities Officer, on 07483010883.**

New Barton Park Sports Pavilion



By **Matt Mitchel**l, Senior Project Manager at Grosvenor Developments Ltd.

A RESERVED matters planning application has been submitted to Oxford City Council, outlining the proposals to replace the former Barton sports pavilion, and the proposal for the new pavilion building, is quite something.

The 'Barton Park Sports Pavilion' is being provided by Barton Oxford LLP as a replacement and improvement of the existing sports pavilion as part of the wider Barton Park development, with the pavilion becoming an important landmark.

The new building has been designed by David Morley Architects; a London based architectural practice, following an extensive design competition.

The 'Barton Park Sports Pavilion' is the only building on the Barton Park development that the BOLLP is directly designing and delivering. The school and community hub will delivered by Oxfordshire County Council, and the residential dwellings are being delivered by specialist residential developers, in phases, with the first phase being delivered by Hill Residential.

The new pavilion will serve both the Barton United and Headington Amateurs football clubs (Phoenix Sports Association), as well as the wider community. The BOLLP was very keen to ensure that both the community and the football clubs were heavily involved throughout the design and planning process and the BOLLP held a number of workshops with the Phoenix Sports Association to develop the brief for the new building.

The new community sports facilities on the development will form a key focal point and centre of sporting activity at Barton Park and the pavilion is integral to that relationship. The community facilities will provide a mix of natural and artificial turf pitches and includes a 3G pitch, MUGA, adult pitch, community hub/school pitch, local equipped area of play.

The existing building, which was recently dismantled and removed in order to make way for the next phases of the Barton Park development, was constructed out of a series of modular buildings. The final brief was to match and improve the existing accommodation whilst making the plan more efficient and adding spaces which were not present in the existing pavilion.

The architects had a lot of freedom to design the building from the ground up (literally and metaphorically speaking). There was a real danger at the start of the start of the project that we could end up with a brick box with bars on the windows and bomb proof shutters - this would have been unsightly and the opposite of what we were setting out to achieve. Quality is of paramount importance to the BOLLP and so too was the marriage of both form and function to suit the needs of those using the pavilion.

Ensuring the building is as efficient as practically possible in terms of operation and sustainability was also of great important. The construction method, material sources and long term maintenance requirements of the building has been considered in depth to ensure that running costs are as low as reasonably possible for the end users - the Barton community.

The building will have two distinct areas, separated by a link corridor. The pavilion is centred on the half way line of the new adult football pitch with the intention of creating a direct connection between the pavilion and the sport, which naturally splits the building into two halves, the southern and northern.

The pavilion incorporates a number of integral sustainable measures and renewable technologies such as solar panel, rain water harvesting, naturally ventilated main space, air source heat pumps and the building will also have a green roof which faces the linear park.

The southern half of the building will be the most visible aspect as this will front the new main road 'Barton Fields Road', which links existing Barton to the new neighbourhood.

The new sporting facilities and pavilion will establish an amenity and social space which will become a focus for the community hub at the heart of the new development, creating a vibrant and active space for all. The pitches will have shared use between primary school, clubs and the wider community, providing opportunities for local groups to play regular games.

The Reserved Matters application was submitted in July and construction of the building is expected to commence in January 2017, with the grand opening planned for July 2017.

■ **For more information about the wider Barton Park development, you can visit the following website www.bartonparkoxford.com**

Room hire for every occasion

WHETHER you need a formal training room, an informal/formal meeting space, a small 1-2-1 suite, a community hall for events or a large sports hall ideal for children's parties or sporting activities then we have just the space you are looking for. Also on site we have Eatwells Cafe who can take care of your catering requirements at a price to suit your budget.

- Green Room or Red Room (Barry Holden Board Room) £22 per hour
- Community Hall £25 per hour or extended to include cafe space £30 per hour (outside cafe hours)
- Small Meeting Room £15 per hour
- Cafe Space (outside cafe hours) £15 per hour
- Sports Hall for children's parties £36 for two hour party and £50 for three hour party. Each party booking is extended by one hour to allow for setting up and clearing up time.
- Sports hall for other activities is children £13 per hour and adults £18 per hour

All the above rates attract a 25% discount for affiliated groups.

■ **For further info or to make a booking please contact Sharon on 01865 761987 or email sharon@bartoncommunityassociation.com**



The Green Room.

TOWNSEND HOUSE

GWEN Westwood from Townsend House went and had lunch with the queen in celebration of her 90th Birthday. Gwen was supported by Mandy Dowling, the Home`s activity co-ordinator, to go on the bus to London. They managed to miss the rain and enjoyed watching all the festivities taking place.

National Care Homes Open Day
Residents and staff got dressed up to celebrate travel through the ages. Residents got involved making space crafts, and even our cook made spaceship cookies which everyone enjoyed

Hair salon
Townsend House would like to inform you about the changes to the home's hair salon
On the last Friday in the month, the Home's hairdresser, Heidi, is opening the doors to all senior citizens of Barton.

Shampoo and Finish – £10

Cut Shampoo and Finish – £20

Perm Cut and Colour – £40

Tea, Coffee and Cake will be available at a small charge which is in aid of the residents` Amenities account. We look forward to seeing you soon.

POETRY CORNER

IN ALL the years and thousands of episodes of TV talent shows no contestant so far has used the famous lines from Yeats, namely 'tread softly because you tread on my dreams.'

What kind of astonished response would this provoke? Still, dreams are precious things. Here, in the poem below, the poet paints a beautiful picture of loving sacrifice with the admonition to have a care. The words speak for themselves:

He Wishes for the Cloths of Heaven

HAD I the heavens' embroidered cloths,
Enwrought with golden and silver light,
The blue and the dim and the dark cloths
Of night and light and the half-light,
I would spread the cloths under your feet:
But I, being poor, have only my dreams;
I have spread my dreams under your feet;
Tread softly because you tread on my dreams.

FREE Stoptober Support Sessions this October – Give up to feel good!

IF YOU are taking part in Stoptober this year or just thinking about it, then pop along to these free sessions for extra support!

Chat to Smoking Cessation Advisors about the best way for you to give up smoking. Get your free Fitness Check from Fusion Lifestyle. Have a go at Zumba or Tai Chi or join in a local Health Walk and see how exercise can help!

Barton Neighbourhood Centre
Friday 7, 14 and 21 October
12–1pm in the Main Hall
No need to book – just turn up!

■ **For more information contact sportsdevelopmetn@oxford.gov.uk or 01865 252728**

BARTON COMMUNITY ASSOCIATION (BCA)

WHAT'S ON IN BARTON

Childrens Parties

The Sports Hall at the Neighbourhood Centre is available for hire for Children's Parties on Saturdays and Sundays between 1.30pm – 6.30pm. The Community Hall is also available on Saturdays between the same hours.

If you want to hire a bouncy castle then you would need to hire the Sports Hall as the Community Hall is not suitable due to height restrictions. The cost for a two hour party is £36 and three hour parties cost £50.

We add on to your booking 30 minutes beforehand to set up and 30 minutes after for clearing up. This means a two hour party gives you three hours access to the area and a three hour party gives you four hours access.

If you would like to book a party at the Centre (just think no spillages on your carpets at home!!) then just contact Sharon at sharon@bartoncommunityassociation.com or call the office on 01865 761987. Alternatively just drop into the BCA office on the first floor at the Neighbourhood Centre between 9.30am – 2.30pm weekdays Mondays – Fridays.

Christmas at Blenheim

We are looking at the possibility of using our minibus to visit Blenheim Palace for their Christmas Extravaganza one evening during the early part of December.

We would aim to leave Barton at approximately 3pm and return by 9pm. The cost for adults is £18, children between 5–16 years of age £13.50 with no concessions for senior citizens.

There would be no travel costs involved. We have to pay for this at the time of booking so if you are interested in coming along to this event please let us know and payment will need to be made at the time of booking. Seats will be limited so it will be on a first come first served basis.

Please contact Sue on 07866 460446 or sue@bartoncommunityassociation.com to confirm your booking.

Swap Shop – First Saturday of each month

We need your help! The Swap Shop has been running very successfully for some time now, and we have saved hundreds of items ending up in landfill sites.

But the Swap Shop doesn't just happen at the touch of a button or the waving of a wand. We desperately need some help with setting up from 8 – 9am and then clearing up from about 10.30am onwards. If you can spare us an hour or so just once a month you will be contributing towards the continuation of the Swap Shop. And just to remind everyone how the Swap Shop works – you can either bring or take or you can do both.

Someone else's unwanted goods could be part of your home or your wardrobe. If you need any further information then please contact Sandra or Rachael on 0776 7773150.

The Bash is back!

This year we have chosen 15 October as the date for the 2016 Barton Bash Annual Community event. We will have all our usual well loved activities such as face painting, soft play area for the young ones and a bouncy castle as well as some new activities including Smoothie Bike Rides, Boo Boo Bubbles and much much more.

As always, all the children's activities are FREE!

We have also made sure the adults haven't been left out so there will be therapists on hand to offer manicures, facials, massage, shiatsu and reflexology. These therapies will carry a very small charge, and you will need to book as spaces will be limited.

Refreshments will be available through Eatwells Cafe as well as a Hog Roast. We will have stalls representing St Marys Church and Barton Allotments so there will be plenty of opportunity to support your local community.

Come along and see what Barton Community Association has on offer for everyone during the coming months, courses, trips, parties, panto, social events, drop in clubs – it's all happening and right on your doorstep! Please come along on SATURDAY 15 OCTOBER BETWEEN 12 NOON – 4.30 PM at the Neighbourhood Centre – a great time guaranteed.

We would like to take the opportunity to thank in advance of the event all our sponsors and donors who make the Bash come to life each year. We are also very grateful to everyone who comes along on the day and volunteers their time towards all the necessary preparation as well as clearing up at the end of the day.

If you would like to get involved in this year's Bash in any way whatsoever please get in touch with Sue on 07866 460446 or sue@bartoncommunityassociation.com or tanya@bartoncommunityassociation.com

Christmas won't be long!

We are already busy arranging our Big Christmas Party on Sunday 4 December for children aged between 4–10pm at the Neighbourhood Centre. We have started buying crackers and party hats and we've even been in touch with Santa Claus to see if he is free to pop in and see everyone on the day. He's pretty sure that he will be able to make it so you will be able to post your letters to him in a very special post box, and he may even bring some small gifts with him to hand out. We're also hoping that Punch and Judy will be able to come and join us on the day.

Mums Dads Grandparents Carers Guardians – there will be a small charge of £1 per child for the Christmas Party that will take place between 2pm–5pm and each child will need to be pre-registered before the event. Registration forms will be available from the BCA office on the first floor of the Neighbourhood Centre and is open each weekday between 9.30am–2.30pm Mondays and Fridays. Alternatively, a supply of registration forms will be available from Mandy at Eatwells Cafe.

And, while all this is taking place in the Sports Hall we are planning an international food festival in the Community Hall and Foyer on the ground floor. If you would like to be part of the festival and bring your own dishes for everyone to savour then please get in contact.

We are hoping to display the flags of all countries represented through food, and this will present a great opportunity for everyone to showcase their cultural dishes by offering tasters to everyone who attends.

There will be shopping voucher prizes offered for various categories and a budget available to contribute towards the cost of ingredients, so all the more reason to get cooking!

If you need any further information about this year's Christmas party and Food Festival please contact Sue on 07866 460446 or sue@bartoncommunityassociation.com

Panto Time

Panto time will soon be upon us and we are looking at possible dates in January for us to host Hurricane Productions version of Dick Whittington or Pirates Ahoy! Please keep a look out for further details in our December issue of Hands on News.

How far will one pound take you?

Well, here's how far.

We will be using our minibus to visit some shopping venues in surrounding areas between now and Christmas. Here are the dates and shops we will be visiting over the next few months:

- Wednesday 28 September to Morrisons at Banbury stopping for lunch at Toby Carvery.
- Tuesday 18 October to Castle Quay Shopping Centre at Banbury
- Tuesday 1 November to Asda at High Wycombe stopping for lunch at The Harvester
- Thursday 1 December to Aldi at Horspath Driftway stopping for lunch at The Longwall

All the above trips will leave the Neighbourhood Centre at 9.30am and the cost will be £1 per passenger. All passengers will need to be members of Barton Community Association (£1 annual membership fee).

As the number of seats will be limited please book early either through Sue on 07866 460446 or sue@bartoncommunityassociation.com Alternatively, please call Sharon on 01865 761987 or email sharon@bartoncommunityassociation.com

Dates For Your Diaries

- SATURDAY 12 NOVEMBER – why not join us on a trip to the new IKEA store in Reading. A great opportunity to start that Xmas shopping as well as a chance to taste those famous Swedish meat balls!

The coach will leave the Neighbourhood Centre at 9am and will return by 3.30pm. The cost will be £7 per person and all passengers will need to be members of Barton Community Association (£1 annual membership fee)

- SATURDAY 3 DECEMBER – Birmingham Christmas Market and Craft Fair. Considered by many to be the best Christmas Market throughout the country offering something for everyone.

The Christmas Market is situated within a few minutes walk to the Bullring Shopping Centre so you can access so many different aspects of retail therapy all within one day! The coach will leave the Neighbourhood Centre at 8am and will return by 6.30pm. The cost will be £10 per person and all passengers will need to be members of Barton Community Association.

To book for either of these trips please call Sue on 07866 460446 or email sue@bartoncommunityassociation.com or call Sharon on 01865 761987 or email sharon@bartoncommunityassociation.com

Get fit for fun

- ZUMBA classes with George Martini will commence at the Neighbourhood Centre on Thursdays between 6.30pm–7.30pm with the first session scheduled for 15 September. Registration will start at 6pm and the cost will be £5 for six sessions – less than £1 per week! Everyone attending the classes will need to be a member of Barton Community Association (£1 annual membership fee applies) and for anyone who is not already a member you will be able to complete your membership form at your first session.
- TAI CHI classes with Amy Thakurdas will take place each Monday morning between 10.30am –11.30am and the first session will take place on Monday 19 September. Registration will start at 10am and the cost will be £5 for six sessions – what a bargain! Everyone attending the classes will need to have BCA membership (£1 per year) and anyone not already a member can fill out the form at their first session.

What`s not to like – get fit, make new friends, socialise with old friends, venue on the doorstep and no need to break the bank.

To book a place at either of the above classes please contact Sue on 07866 460446 or email sue@bartoncommunityassociation.com

Wendy's body toning workout

These classes will commence on Saturday 17 September between 9.30am–10.30am term time only at the Centre.

As with all these new classes the cost will be just £5 for six sessions – so less than £1 per week. All of us could do with that extra workout each week regardless of age or gender and have a willingness to get fit or just keep fit.

What better way to start the weekend! All participants must be members of Barton Community Association (just £1 per year) so come along on 17 September and see how easy it is to get that body working whilst having fun.

For further information please contact Sue on 07866460446 or email sue@bartoncommunityassociation.com

Fun For All The Family To Explore The World Of Science

In partnership with Oxford University Barton Community Association will be hosting a Science Fun Day at the Neighbourhood Centre on Saturday 19 November between 10am–4pm. Lots to see, touch, feel and try! More details will be available shortly, but make sure you get this date in your diaries and the best bit of all is – IT'S ALL FREE! Eatwells Community Cafe will be open so why not stop by for a bite to eat whilst enjoying the exhibits. It promises to be a real fun event for all the family.

Games and social evenings at the Centre

We'll be holding a Games and Social Evening at the Centre each Wednesday between 6pm–8.30pm from Wednesday 21 September.

Why not pop along and pit your wits with a game of chess, become a rich landowner playing Monopoly, test your spelling skills at Scrabble or maybe you fancy a quiet game of cards or crib.

Alternatively, if you fancy yourself on the dartboard then come along and throw those flights! Even if you've never played any of these before there`s always a first time for everything, and it really doesn't matter if you don't score a win – it's the taking part that counts! We will also have dominoes and draughts if that`s your favourite pastime. Please let us know if there's anything else you would like us to make available for you to take part in.

Everyone over 18 is welcome and free. Refreshments will be available so even if you don't want to get involved in the games on offer then just feel free to sit and have a chat and a cuppa and get to know others in your community. It could be more entertaining than the soaps – who knows?

For more information please call Sharon on 10865 761987 or Sue on 07866 460446 or email sue@bartoncommunityassociation.com

Seaside Coach Trips 2016

At the time of going to press we are three down and one left to go this Summer, and already we are looking forward to next Summer and planning our trips to the coast. Next year we will include Southsea and Portsmouth (great opportunity to see the Mary Rose in its new housing with much better viewing platforms) and also looking at possibly Bognor Regis, Burnham on Sea and Eastbourne.

Please let us know if you have any other ideas for coach trips either to the beach or elsewhere.

Our trips to both Brighton and Weston Super Mare were well supported with many large groups spending time together in a great social setting.

So well known are our trips now that we even warranted a double page spread in the Oxford Mail thanks to our local reporter, Michael Race.

Very young babies right through to residents close to receiving a telegram from the Queen as well as every age in between came along and enjoyed the fresh air, pier amusements, the beaches or just sitting watching the rest of the world go by.

Nobody expected the added bonus of the Bournemouth trip this year. By sheer coincidence our trip was on the same day as the Bournemouth Air Show so an opportunity to sit on the beach, east fish and chips, lick on a lolly and then the great added bonus of a FREE air display.

Can you imagine sitting in the sun and watching the Red Arrows Fly Past. We will definitely make sure that next year our Bournemouth trip includes the Air Show.

NEWS

Calling all budding journalists

Are you taking media studies at either school or college? Do you need some more experience at writing newspaper articles? Do you want something to add to your CV?

Then look no further. Hands on News is always happy to welcome on board anyone wanting to contribute to the quarterly newspaper that is delivered to all homes in Barton as well as Sandhills, Cowley Centre, Risinghurst Post Office, Townsend House Care Home and Greensquare Head Office in Cowley.

Our readers love to read about everything and anything so now is the time to put pen to paper and write that article. It doesn't strictly need to be about Barton although we do make sure the content is of interest to our readership. Have you visited somewhere of interest, have you got any family stories that you would like to share, do you get involved in any kind of sport or just general newsworthy articles.

If you feel you would like to be involved in the next issue due in early December then please do get in touch. We would love to hear from you.

sue@bartoncommunityassociation.com
tanya@bartoncommunityassociation.com

Barton Community Association AGM

At our AGM held in July the following members were elected to stand as Trustees for the year 2016/2017: James Bloice Smith, Anne Browne, Dan Farley, Dan Gee, Chris Gerkin – President, Pippa Gwilliam, Simon Heap, Shirley Hearn, Andy Hougham, Trudy Ing, June Kuffour and Rod Shepherd. Sandra Palmer continues in the role as Vice President.

All issues raised at the Open Forum that preceded the AGM have been passed to the relevant organisations and we will feed back the outcomes when resolved.

Please feel free to contact any of your trustees using the BCA email address: info@bartoncommunityassociaiton.com

Let there be light!

Some of you may have noticed that the lights have been repaired in the subway between Barton and Headington. Many thanks to Oxford City Council for carrying out this very important work, especially now that it won`t be too long before the daylight hours get shorter, and the need for safety becomes even more important.

This is a vital link for pedestrians and cyclists in accessing Headington and beyond without having to manoeuvre around Green Road roundabout.

This is another great example of Barton Community Association working on behalf of its community to improve the quality of life for everyone.

Hello – Is it you we're looking for?

We are currently updating our database of deliverers in the local area for our Hands on News together with any other deliveries we are commissioned to do. If you are interested in doing a bit of walking and getting paid for it then please get in touch.

Minimum age of 13 with no upper age limit. What a great way to keep fit, maybe shed a few pounds and earn a few bob at the same time.

For further information please call Sue on 07866 460446 or email sue@bartoncommunityassociation.com

Therapy, Pampering and Wellbeing Day

We are about to start planning our next Therapy, Pampering and Wellbeing Day at the Neighbourhood Centre with a date yet to be agreed.

We always try to encourage local therapists to get involved in this event as it is a great opportunity to showcase skills, publicise local business and possibly meet new clients.

There is funding available for all therapists to be paid so if you would like to register an expression of interest then please call Sue on 07866 460446 or email sue@bartoncommunityassociation.com

STOP PRESS! Pub Quiz Night

We will be having a "Pub Quiz Night" and a Comedy Night at the centre during October and November. Everyone will need to be a member of Barton Community Association to attend either of these functions and membership costs just £1 per year. A licensed bar will hopefully be operated by Barton United and refreshments will be available.More details will be available shortly so keep an eye out for posters.

If you need any further information please contact Sue on 07866 460446 or email sue@bartoncommunityassociation.com

Eatwells Community Cafe

Healthy cooked meals, nutritious home made soups and a variety of snacks available every day.

Good prices – good food – good value!

Due to the resounding success of our 99p children's meals this offer has now been extended outside of school holiday periods and will be available each day at Eatwells between 11.30am – 1pm. Eatwells offer a core menu together with a daily special for just 99p. This is available to all schoolchildren up to the age of 16 as well as pre-school children. Why not pop in and give it a go.

Mondays – Fridays: 9am–1.30 pm **Saturdays: 9am–12 noon**

For further information please contact Sue Holden on 07866 460446 or sue@bartoncommunityassociation.com



Ordered your amazon shopping but won't be at home for collection?

Don't forget that Templars Square have Amazon Lockers, so you can collect when it's convenient for you!

Located by the entrance at Between Towns Road

TEMPLARS SQUARE
www.templarssquare.com
Shopping Centre

LEARNING IN BARTON

Cricket coaching for young people

We have recently received some funding that will enable us to offer Cricket Coaching from next Spring. We will be providing both equipment and kit, and we are currently in talks with Cricket Oxfordshire to identify a suitable Coach who will lead on the sessions. If you re interested in becoming involved or know anyone who would like to come along and join in the fun then please get in touch. This will be a pilot scheme and if there is sufficient interest then we are hoping to create our very own Youth Cricket Club.

■ **If you would like to register your interest then please contact Sue on 07866460446 or sue@bartoncommunityassociation.com**

After School Art and Crafts Club

Our after school club for children aged between 6 – 12 restarts again on Friday 16 September between 3.30pm – 5.00pm at the Neighbourhood Centre (term time only). The Club offers a safe and secure environment for young children to come together and help develop their skills both academically and socially.

We provide all resources as well as free refreshments at the end of each session. We include all annual events within our activities and encourage children from different backgrounds to share their cultural differences with each other.

As part of the group we always enjoy our Christmas party at a local restaurant each year, and during the Autumn term we are arranging to take the children to Pitt Rivers Museum as well as a visit to Bounce at High Wycombe. And the best part is – it costs NOTHING – its all free. Please do come along on 16 September and meet Sam who runs the Club and Mandy who will be volunteering. Both Sam and Mandy are local residents and are fully compliant with BCA policies.

■ **For further information please contact Sue on 07866460446 or sue@bartoncommunityassociation.com**

GCSE support sessions for Maths and English

Following on from last year`s group sessions we will be offering 1-2-1 support with English and Maths for Year 11 students in the run up to GCSE exams in 2017. The sessions are planned to start in January and will continue through until exam time in May.

■ **There will be limited places and so if you are interested in registering for this opportunity to access extra support then please contact Sue on 07866460446 or sue@bartoncommunityassociation.com**

English and Maths classes for adults

We have managed to secure the above classes through Abingdon and Witney College and they will take place at the Neighbourhood Centre from September. These classes have previously run from the Roundabout Family Centre, but due to their re-structure the classes ceased from July.

English classes will commence on Tuesday 20 September between 9.30am–11.30am and will run term time only throughout 2016 and into 2017.

The Maths classes will take place on Wednesdays with the first session taking place on 21 September between 9.30am–11.30am. As with the English classes these will run term time only 2016/2017.

■ **To register or for further information please contact Sue on 07866460446 or sue@bartoncommunityassociation.com**

English as a second language – English for speakers of other languages course

ESOL classes will start at the Neighbourhood Centre from Thursday 22 September, between 9.30–11am each week term time only. Classes will be free to attend and everyone is welcome. Come along if you want the opportunity to improve your English whatever level you are currently at.

■ **If you need any further info please do not hesitate to contact Sue on 0786460446 or email sue@bartoncommunityassociation.com**

Gadget drop in sessions

Starting 14 September, between 2.30 – 4.30pm, in partnership with Age UK, we are launching our brand new Gadget Drop In Club.

Have you got that piece of modern technology sat on the side and don`t know what to do with it? Do you need to learn how to access the internet? Do you need help with setting up your own email address? Are you without Wifi?

Then why not pop along and find out the answers in a way that's easy to understand and whilst you're here have a cuppa on us! Look forward to seeing you on 14 September anytime between 2.30–4.30pm.

Fun to Learn Homework Club

The Fun to Learn Homework Club restarts on Thursday 15th September and is designed to offer extra curricula support to Year 6 students in the lead up to their transition to secondary education. As the name suggests this is a club that makes learning FUN!

Attendance is by invite only so if you feel your child would benefit from this activity then please contact Linda Morton at Bayards Hill Primary School who runs and co-ordinates the Club. The class has a maximum of eight to nine students with two members of staff and runs term time only.

The Club is FREE and at the end of each session the children are provided with free refreshments. Its an opportunity to access ipads, kindles, calculators and smart boards and the national curriculum is followed throughout.

The children who attend the Fun to Learn Club are also invited to join the children from the Art Club on their annual Christmas party as well as their fun trips out.

■ **For further info please contact Sue on 07866460446 or sue@bartoncommunityassociation.com**

HATE CRIME

A HATE crime or incident is any incident, which constitutes a criminal offence, which is motivated by prejudice. It can take many forms including physical assault, offensive graffiti, verbal abuse, offensive literature, criminal damage and abusive gestures.

OXFORD is one of the safest areas in the country with only a small number of hate crimes committed each year. However, when a hate crime does occur, it can have a major impact on the life of the victim and the wider community.

HATE crime can be motivated due to someone's prejudice against another person's: Race, Colour, Ethnic origin, Nationality or national origins, Religion, Gender or gender identity, Sexual orientation, Disability.

■ ONLINE HATE CRIME

If you see content online such as pictures, videos or even music being used to incite hatred you can report this using an online form to the police.
https://secure.met.police.uk/hatecrime_national/index.php?rid=2940

As with other forms of Hate Crime they can be reported to the police on 999 or 101 or via the Stop Hate Line on 0800 138 1625.

■ REMOVE ONLINE HATE CONTENT

There may be instances when hateful content isn't necessarily illegal, however you can still take action to see if it can be removed. To remove online hate content you can contact the website administrator. The majority of web sites have a 'report this page' option which allows you to make a complaint about the content. If the content remains online you can report the content to the web hosting company. You will first need to find out who hosts the web page and can do so by using the free Who is hosting this website.

■ REPORTING HATE CRIME

It is really important to report hate crimes – victims have a right to be protected.
Anyone who is a victim of, or witness to, a hate crime is advised to contact the police.
999 for emergencies
101 for non emergencies

■ HATE CRIME NETWORK

If you would prefer to report a hate crime in confidence via an alternative organisation, please contact the Hate Crime Network.
0300 1234 148 (freephone number)

■ CRIMESTOPPERS

If you do not want to talk to the police or the Hate Crime Network, you can still report hate crime by calling Crimestoppers. You do not have to give your name and what you say is confidential.
0800 555111 (freephone number)

www.oxford.gov.uk
OXFORD CITY COUNCIL



Sandhills head leaving

By **Margaret Taylor**

STEPHANIE Lovett is leaving Sandhills Community Primary School after 8 years as Head of the school. She feels the time has come after 25 years in education to put her family first. Her children have reached their teenage years and she feels the need to guide them safely and securely into their future education.

Stephanie career over 25 years has been in consultancy and nine years as a Deputy Head in London. She moved to Oxford for her husband to be nearer his work. She found the transition between city life and village life quite a change as life in a London school could be very diverse. However she said they are well settled in village life.

Teaching has always been her one and only aim for a career because she enjoyed her own school years and wanted to emulate the people who taught her.

Stephanie has worked hard to give the school the unique community family feeling that exists in the school. Her words" The children are the most important thing" . Relationships, she feels with parents, staff and children are paramount for the welfare of every child and their learning. Every month the school has a theme such as Trust, Respect, Kindness for all the pupils to reinforce this concept.

In the future, apart from her family she will undertake Consultancy work that will enable her to support new headteachers in their role and schools needing additional support and guidance. She is also keen to embrace other interests that come along.

Stephanie will be missed by the children and adults alike as she always had a smile and time for everyone. She said "My time as the headteacher at Sandhills has been the most rewarding thing that I have done. Despite the many challenges, I cannot imagine any job better than this one. Sandhills will always have an exceptionally special place in my heart".

Oxfordshire Play Day comes to Barton!



A PLAY day for all ages brought together families in the community across the Barton estate on Saturday 11 June.

The Oxfordshire Play Association, in partnership with Barton Community Association hosted a free day of activities at the neighborhood centre and surrounding fields.

Throughout the day highlights included the petting zoo, bouncy castles, art and crafts with Orinoco scrap store, the Surplus food cafe making lunch entirely from food that had been redirected from landfill, Hanging basket making by Incredible Edible Oxford, an open fire hosted by the Heart of the Wildwood, healthy lunch boxes with Good Food Oxford as well as a range of partners offering stalls and a variety of sports for people of all ages.

Other highlights also included opportunities for children to make their own rocket or gooey putty at the Bright Sparks household science tent, get their faces painted or blow giant bubbles.

Martin Gillet Association Manager of Oxfordshire Play Association proved himself to be a bit of a smoothie, promoting healthy eating and sport with a bicycle powered smoothie maker.

Oxfordshire Play Association has run the event for the last four years but this was the first year it had been hosted in Barton and it proved to be a tremendous success, let's hope that they'll join us again in Barton next year!

Early Years Teacher retiring from Sandhills

By **Margaret Taylor**



EARLY years teacher Mrs Fernyhough is retiring after being at Sandhills School for 12 years. She feels the time has come to "take things a bit easy "and also allowing her time to spend with her family.

Her husband is Chaplain at Radley College and together they are pursuing a new hobby by buying a narrow boat and she will be able to spend time with him during his school holidays exploring life on the canal. She also has three dogs to keep her out and about.

Teaching has always been her career firstly in Lincoln as a primary school teacher. She then married and had her children Edward and Katie. Her husband's first posting was to Daventry where she was for 3 years, then on to Tonbridge where she taught in a nursery class. The next move was to Durham and finally to Oxford where after a year off she took up the post at Sandhills.

On and off she has taught all ages, and she said" every day in teaching is different but with a sense that you are hopefully making a difference in a child's life."

She has had a great relationship with the "little ones" sending them on with a good foundation for the rest of their school life. Mrs Fernyhough has also dedicated a lot of time in producing the lovely school choir which all those who have taken part have greatly enjoyed the experience.

She will be greatly missed by many children and parents alike, those still in the school and those who have moved on but still think of her as a special teacher.

Oxford Brookes BabyLab

OXFORD BROOKES UNIVERSITY

little people leave large footprints

Learning a language is difficult, yet babies are able to do it so quickly and easily! Have you ever wondered how this is possible? Well, at the Brookes Babylab, we are searching for the answer to this question every day.

The Brookes Babylab runs language observations to understand how babies learn. We are always looking for children ages 0-5 to participate. It's a fun and interesting way to spend an hour or so, while also contributing to science!

We are now looking for babies between 0 and 6 months old who hear English only. Babies will be looking at images on a screen and hearing sounds, while safely on your lap. The activity generally lasts 5-10 minutes. A whole visit lasts around 1 hour. All of your child's details will be kept confidential as names will not be used in any published findings.

This study requires you to come to the Babylab 4 separate times and we will give you £60 to compensate for your time and travel costs.

Four one hour long appointments | £60 Compensation | Friendly comfy place | Fun activities

"An entertaining morning out for my toddler. Fascinated and proud to see my little girl following what was on the screen. It appears she knows a lot more than we think!!"
Rebecca mum of a 14-month-old girl

If you are interested in your child taking part or want more information, please contact us:

01 865 48 36 76
babylab@brookes.ac.uk
www.brookes.ac.uk/babylab
Oxford Brookes University Babylab
@BrookesBabyLab



What is Homeshare Oxford?



Homeshare Oxford is an exciting scheme that aims to change the way people think about living in Oxford.

We aim to match people with homes in the city and a spare room, with people who need accommodation in Oxford and want to be part of a home.

In return for a room, the Homesharer will provide 10 hours of help around the home each week for the Householder.

This help will vary for each Homeshare. It may include things like cooking, gardening, cleaning, shopping and companionship.

How much does it cost?

We want to run Homeshare as a sustainable affordable scheme, so there are some costs involved.

There will be:
- an application fee paid with the Application Form
- a match fee - paid on successful completion of a match

Then each month the Homesharer pays a contribution to living costs:
- 75 % of this goes to the Householder
- 25% of this goes to the Homeshare Oxford Scheme

For a full breakdown of the costs please see our website.

Who is a Householder?

A Householder is someone who has a home in Oxford city with a spare room. They may want:

- to help the younger generation
- some help around the home (not personal care)
- some companionship and to have someone there at night

They should also be willing to welcome a Homesharer into their home.

Who is a Homesharer?

A Homesharer is someone who is looking for somewhere affordable to live in Oxford city and likes the idea of sharing a home with another person.

They may:

- be a key worker or a postgraduate student
- be struggling to afford to rent in Oxford

They should also be willing to provide some help around the home.

How to contact us:

Telephone: 01865 410670

Email: homeshare@ageukoxfordshire.org.uk

www.ageuk.org.uk/oxfordshire/our-services/homeshareoxford

Second Barton Job Fair a huge success

FOLLOWING the huge numbers that attended Barton's first ever job fair last year nobody expected even higher numbers to attend this year – but they were wrong!

Over 400 people attended the event last month but the big difference this year was improved organisation and a different layout meaning no queues and no overcrowding.

The Sports Hall hosted 25 employers and employment agencies whilst the education and training providers and support services were placed in the Main Hall on the ground floor, splitting the event in this way proved to work incredibly well allowing more space and making it easier for those people who just wanted to meet either employers or support services.

The glorious weather on the day also played a part and it was good to see people opting to explore their employment opportunities when it may have been easier to decide to soak up the sun in the garden.

Some employers opted to conduct informal interviews on the day and in total over 400 CV's were handed in to the various employers. Feedback from the employers who attended has been very positive and each and every one of them is looking forward to it becoming an annual event helping the organisers to achieve one of their main aims of fostering closer links between local employers and the community.

Comments from attendees on the day and since have been very positive and constructive and all of the feedback gathered will be used to make even further improvements for next year and with so many vacancies being created in Oxford over the coming years events such as this will be vital to both employers and job seekers – so here's to Barton Job Fair 3 in 2017!

If you attended the event and have since had an interview or been offered a job as a result of the job fair please get in touch and tell us your story to inspire others.

■ **Contact Martin Ousley by email at martin@renaissance-coaching.co.uk or telephone Barton Neighbourhood Centre on 01865 761987.**

Barton Healthy New Town

IN 2015, NHS England invited bids to participate in a Healthy New Towns programme, which looks at creating towns that promote health and well-being, prevent illness and keep people independent.

With healthy living at the heart of the design at Barton Park, including greenways and a linear park that encourage cycling and walking and the design of the homes supporting a healthier lifestyle, Barton Oxford LLP made a bid to become a Healthy New Town.

In March 2016, Barton was successful in being selected as one of 10 Healthy New Towns across the UK, and this was down to not only focusing on the physical development of Barton Park, but the social improvements this programme could bring to Barton.

Part of the Barton Healthy New Towns project will focus on these priorities which are identified in the Barton Health Plan:

- Reducing obesity and food poverty
- Addressing mental health
- Addressing addiction (alcohol, drugs, smoking etc)
- Tackling isolation and loneliness

This will be achieved by linking in with existing community networks including the Barton Health and Wellbeing Partnership and the work of a dedicated project officer, supported by a steering group with the aim to make sure the work delivered this project is right for the area and can have a longer term impact.

Part of the BHNT project includes a grants programme of a total of £30,000 to award to projects which will help us to innovate and learn about how best to achieve improved health and wellbeing outcomes for Barton & Barton Park. For more information, visit www.oxford.gov.uk/grants.

■ **If you would like to find out more about this project, have an idea of how we can improve the health or wellbeing of resident in Barton or would like to get involved, please call the communities team at Oxford City Council on 01865 252033 or email communities@oxford.gov.uk**



BILL DIBBER'S GARDENING CORNER

September

Bill Dibber has taken some time out of his busy allotment schedule to share some tips on what to sow and grow in September.

SCHOOL is back so it's time to get back out there and make the most of the remaining summer sun!

In the Greenhouse it is now your last chance to sow spring cabbages such as April or Durham Early. Sow them directly in the soil or start them off in seed trays.

Under a cold frame or under cloches you could also direct sow Spinach.

The cloche will provide protection as the weather cools and give you a harvest throughout autumn and winter when is much less to grow. Spinach perpetual is very hardy – try sowing seed outdoors now for winter harvests later in the year.

You could also try sowing Pak Choi outdoors for an autumn supply of baby salad leaves, scrumptious addition to the autumn dinner table.

Winter lettuce such as Arctic King can be directly into the ground as well and salad leaves are at less risk of bolting at this time of year.

RECIPE CORNER

Lemon Cake

4 oz butter – softened
6 oz caster sugar
6oz self raising flour
2 eggs
Pinch of salt
¼ pint milk
Grated rind of 1 lemon
Juice of 1 lemon
Extra heaped tablespoon caster sugar
You will need a 1lb loaf tin

Heat oven to 180C / 160C fan oven

1. Mix together thoroughly: butter, 6 oz caster sugar, flour, eggs, salt, milk and lemon rind
2. Pour mixture into the loaf tin and smooth evenly.
3. Bake for one hour until risen, browned and starting to come away at the edges. 4. Remove from oven.
5. Mix together the lemon juice and the extra tablespoon of caster sugar.
6. While the cake is still hot and still in the tin prick gently all over with a cocktail stick or fork and pour over the lemon juice and sugar mix.
7. Leave to cool in tin.
8. Serve as cut cake or dessert.

Thank you for recycling!

THE Recycling Team want to say a big thank you to you, the residents! Your hard work has helped us reach an excellent recycling rate of 46.9% in 2015/16! Did you know 80% of household waste can be recycled in Oxford City?

For you top bananas who are recycling food, you may be wondering what actually happens to it after it's been collected. Food is taken to an anaerobic digestion plant in Cassington, where it is pasteurised (heated) and pumped into stomach-like containers (see photo) where it is broken down by bacteria to produce biogas and a liquid called digestate. The biogas is converted into electricity sufficient to power 5,000 Oxfordshire homes and the digestate serves as a fertiliser, which is so popular with local farmers that there's a waiting list for it!

You can also turn some of your leftover food into compost at home! You can buy your very own home composters, available at reduced rate from Oxfordshire County Council – visit www.occ.getcomposting.com for details.

And if you're super keen on recycling, or need some motivation, we've got a new recycling competition that you may just love – The Blue Bin Recycling League. We're asking residents to pledge to recycle as much as they can and have split Oxford up into teams based on your bin day; whichever area improves its recycling the most each month will win!

Two resident prizes worth up to £60 and a £400 community prize are up for grabs each month. If you've pledged and your area wins, you'll be automatically entered into a draw to win one of our exciting prizes. Not only this, you can also vote for your favourite community or charity group to win.

You can find out more about the competition and get information and advice about recycling by contacting us in any of the following ways:

- Website: oxford.gov.uk/recycling
- Twitter: https://twitter.com/recycle4oxford
- Facebook: https://www.facebook.com/recycle4oxford/
- Email: recycling@oxford.gov.uk
- Telephone: 01865 249811



Cassington AD Aerial Tanks



USEFUL INFO

SCHOOL DATES FOR 2016 – 2017

Autumn Term: 1 September – 21 October
(1 September is an INSET day)
October Holiday: 24 – 28 October
Autumn term: 31 October – 16 December
Christmas Holiday: 19 December – 2 January
Spring Term: 3 January – 10 February
Spring Half Term: 13 February – 17 February
Spring Term: 20 February – 7 April
Easter Holiday: 10 – 21 April
Summer Term: 24 April – 26 May
Late Summer Half Term: 29 May – 2 June
Summer Term: 5 June – 21 July

OCAL DENTAL PRACTICES

310 Dental Care
310 London Road, Headington, 01865 766975

Bury Knowle Dental Practice
207 London Road, Headington, 01865 308400

Euro Dental Practice
61 London Road, Headington, 01865 308865

John Miller Dental Prctice
6A The Parade, Windmill Rd, Headington, 01865 308050

Kennett Road Dental Practice
3 Kennett Road, Headington, 01865 761965

Manor Dental Practice
7 Osler Road, Headington, 01865 750056

Studental
Oxford Brookes University, Colonnade Building, 3Rd Floor, Gypsy Lane, Headington, 01865 484608

OTHER USEFUL NUMBERS

Age Uk	01235 849400
Childline	0800 1111
John Radcliffe Hospital	01865 741166
Gas Emergencies	0800 111999
Thames Valley Police Non Emergency	101
Oxford City Council	01865 249811
Oxford City Council Out Of Hours	01865 252900
Rt.Hon. Andrew Smith	02072 194512
Nhs Direct	111
Samaritans	08457 909090
Recycling And Waste	01865 249811

More useful numbers on page 2

CONTACT DETAILS FOR LOCAL CHEMISTS

Barton Pharmacy
6 Underhill Circus, Headington, 01865 763106

Boots Pharmacy
96 London Road, Headington, 01865 762518

Boots Pharmacy
Bury Knowle, Headington, 01865 765559

Roundway Pharmacy
3 Roundway, Headington, 01865 766994

USEFUL INFORMATION

City Council Tax Team	01865 249811
Free collection of up to 3 bulky items	0800 227 676
Furniture Recycling	01865 763698
Social Services	08450 507 666
Residents Parking Permits	08456 344 466

Planning Application Updates: You can now find live updates to plans in the local area using the website http://ox.planningtracker.co.uk

Still thinking about a crime committed against you?

BURGLARY, Theft, Damage to your property, Violent attack or whatever. Have you thought that you really want to make sure that the person who did this to you understands exactly how it has affected you and your family and maybe changed the way you live? The Restorative Justice Service can help you get this message across.

Crime can affect people in different ways. It is not unusual to be left feeling frightened or anxious or suffer a real loss of confidence and a sense that you can't take care of yourself or your family.

It is good to know that the police are taking action and that the person has gone to Court. But sometimes this just isn't enough! Telling the person who has caused this harm how it's affected you, or even meeting them in a carefully controlled situation can play a big part in filling this gap and making it easier to put it all behind you.

What is Restorative Justice?
Restorative Justice aims to bring those harmed by crime, and those responsible for the harm, into communication so that everyone affected, victim, offender, their family or friends, and the wider community, can play a part in repairing the harm and finding a positive way forward.

The restorative process offers victims an opportunity to be heard and to have a say. It can provide a means of closure and enable the victim to move on with their life – sometimes after many years have passed.

Offenders have the opportunity to take responsibility, acknowledge the impact of their actions and to make reparation if that is what the victim wishes.

There is a very high satisfaction rate for victims going through this process and a marked reduction in reoffending for the perpetrators.

The process will take place at a pace determined by the participants and is about building understanding and confidence, which may sometimes result in a face-to-face meeting between the victim and the offender.

Restorative Justice isn't an alternative to the Criminal Justice System but should run alongside it giving victims the opportunity of a meaningful input at every stage of the process.

What do Victims say?
Recently in Thames valley people have said: "Restorative justice has not only given me the tools to resolve a lot of pain, but it gave me the key to a functional life."

"Every single day my PTSD and panic attacks get better because I've released so much built up emotion. I feel lighter, happier and free because I'm not scared anymore. … Thanks to RJ I'm now free from my prison of pain, which I thought would be my life sentence."

"I now look after myself, whereas before doing RJ I just lived from day to day. I was just surviving, I wasn't living."

Some people get angry when the Crime doesn't get the Court Sentence that they expect. The Restorative Justice Process gives them a sense that they are 'back in the driving seat' and so feel better about the Court outcome.

When is the right time for Restorative Justice?
Restorative Justice can be used for all types of crime where there has been personal harm caused. The crime may have happened very recently and the offender has not yet gone to Court or it could be 20 years ago with the offender still in prison. Either way the possibility of restorative justice may be the key to being able to move forward and to achieve a better quality of life. An initial meeting with a trained facilitator will explore options, guided by the victim's needs and wishes.

How do I get in touch with Thames Valley Restorative Justice Service?
If you would like to find out more, please get in touch. All information shared will be treated in the strictest confidence.
WWW.tvrjs.org.uk
Email: rjenquiries@tvrjs.org.uk
Tel 01844 202001

Dementia Friends

Become a Dementia Friend

Dementia Friends gives people an understanding of dementia and the small things you can do that make a difference – please join us.

DATE Monday 26th September
START TIME 11am
END TIME midday
DURATION 1 hour
VENUE
Barton Neighbourhood Centre, Underhill Circus, Headington, Oxford, OX3 9LS
WHEELCHAIR ACCESSIBLE? yes
OTHER INFORMATION
This session is open to the general public :)
NAME Chloe Taylor-Jones
CONTACT DETAILS
clo.taylor@gmail.com

dementiafriends.org.uk @DementiaFriends /DementiaFriends

Leading the fight against dementia
Alzheimer's Society

Oxfordshire age UK

Bletchley Coach Trip

Thursday 29th September 2016





£28.00 per person

Price includes return transfer and admission to Bletchley Park with private tour guide and audio guide

(NB your entrance ticket will then be valid for 1 year to use again!)

Pick ups in: (Times to be confirmed closer to departure)

Witney/Chipping Norton
Vale/South Oxfordshire
Water Eaton/St Giles
Banbury

To book your seat please phone **Helen on 01235 849434,** Cheques to be made payable to 'Age UK Oxfordshire' and posted to Age UK Oxfordshire, St Edmund House, 39 West St Helen Street, Abingdon, OX14 5BT

Nb: Seats will only be confirmed on receipt of payment in full, in advance. The cost of this trip is non-refundable unless we are able to fill your seat

Registered Charity Number 1091529