AUTUMN 2017

Hands on News

The **FREE** newspaper for Barton produced by Barton residents and community workers

Mandy's Wedding





THE social wedding of the year took place on Saturday 29 July at St Mary's Church Barton between Mandy (from Eatwells Café) and Paul who became Mr and Mrs Parsons. The service was wonderful, Eric made it fun, welcoming and music from the organ was equally as lovely.

A reception was held at the Mason's where close family and friends continued the celebrations and despite the rain, fun was had by all. The happy couple left to honeymoon in Mexico.



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BARTON AND SANDHILLS POLICE UPDA

 Arrest of teenaged male from Barton for breach of his housing act injunction. He lives in a Housing Association property and has been a bit of a nightmare neighbour. He was made subject to an injunction which his neighbours said he was breaching.

He was arrested the day before the injunction expired and it has been extended for two years. He is now excluded from the property. The police will action breaches and support housing associations when dealing with problem tenants.

• Female who lives on Barton was arrested for breach of her CBO (Criminal Behaviour Order - the new term for ASBO). There was evidence she was breaching the CBO by begging in Headington. She admitted the offence and was sent to Court and fined £80 and ordered to pay the victim back the £20 she obtained dishonestly by begging.

The female is a persistent begging offender, and readers may be relieved to hear she has been arrested.

- Male arrested for possessing cannabis following a stop in Barton. He received a £90 fine.
- Male on the estate was arrested for going equipped for theft having been seen trying to steal a bike in Headington. He received a caution for the offence of going equipped.
- Young man stopped and found in possession of cannabis and has been given a youth cannabis warning.

What has been happening in North **East Oxford?**

There has been a rise in burglaries in the north-east area, here are some tips to keep your property safe.

- Lock windows and doors when leaving the property, even if you are going to the shop.
- Don't leave house keys near your front door.
- Lock doors in the evening to prevent anyone gaining entry
- Having a working security/sensor

If you suspect any suspicious activity, please call 101.

Thames Valley Alert

Receive free local crime alerts and crime prevention advice by registering at www.thamesvalleyalert.co.uk today. This allows anyone who signs up to

choose what updates they receive and how they would like to receive it.

An option includes receiving information via text but more traditional landline and email messages are still available. You can also filter the updates you receive by specifying the priority level of the messages you receive.

What is VERA?

The VERA scheme focuses on identifying, reassuring and providing advice to vulnerable or elderly residents on the scheme or hear more about it, who may have been victims of crime or who may, for any reason, be at heightened risk.

Some residents may have mobility or health problems or memory loss which may lead to police helping them, for instance if they have a fall at home behind locked doors, if there is a sudden flood risk or if they become lost or confused.

The scheme records and securely holds contact details for family, carers and key holders for each resident on the

Should these contact details be needed urgently if police get a call, we can help a resident more quickly. We can also sign post residents towards other agencies depending on their individual requirements and situations.

If you would like to be registered please contact the Oxford North East Team by calling 101(if not on duty, please ask to leave a message) or via the neighbourhood policing team on OxfordNorthEastNHPT@thamesvalley. pnn.police.uk

CONTACT US

- For advice or to contact the Neighbourhood Team call the police non-emergency number 101 (for emergencies dial 999)
- Or email us at OxfordNorthEastNHPT@thamesvalley.pnn.police.uk (please note this email address cannot be used to contact Thames Valley Police to report crimes or for any urgent matters)
- If you have information about crime or Anti-Social Behaviour but do not want to speak to the police, please call Crime Stoppers on 0800 555111.
- Follow us on Twitter to receive updates about what is happening in your area go to www.Twitter.com and follow TVPOxford.







Get ready for Universal Credit



1. Get a bank account You'll need an account for

your monthly

payment.



2. Get online You'll need internet access to make and manage your Universal Credit claim.



3. Get budgeting You'll need to budget so you can pay your rent, your bills and your other living costs.





For up to date information and advice, visit

www.oxford.gov.uk/uc

Building a world-class city for everyone

Investing in Barton

OXFORD City Council's Investing in Barton regeneration programme has committed £580,000 to refurbish Barton Neighbourhood Centre in addition to £370,000 from Barton Park developer contributions.

Last year we consulted with you about this at Barton Play Day and Barton Bash and you told us you wanted a bright, vibrant and welcoming centre with improved facilities for all ages.

With the GP surgery already expanding to accommodate future residents from the new development, the City Council has committed to combine these works with the refurbishment of the Centre.

Your feedback also told us that this and improving youth facilities were also a priority for

The improvements include:

- Three new GP consulting rooms, plus new group and counselling rooms, staff room/kitchen area, record storage, new external access
- Modernising the sports hall
- Upgrading lighting
- New entrance and foyer to make it brighter and

more welcoming

- Internal Signage
- Refurbishment of toilets, fixtures and fittings Additional car parking is needed to allow the GP surgery to expand, so the row of garages (excluding the minibus garage) across from the Police office will need to be demolished.

These works are planned to start before the end of the year 2017 and could last up to six months, and will be phased to make sure the Neighbourhood Centre is open throughout. We are working with Barton Community Association to reduce the impact on planned events and activities.

- To find out more about the regeneration programme and the refurbishment works, please visit www.oxford.gov.uk/investinginbarton
- If you have specific questions about the proposals please email: barton@oxford.gov.uk

Hands on News

Clayton Lavallin 07421 749736 clayton.lavallin@hotmail.co.uk

CONTRIBUTORS

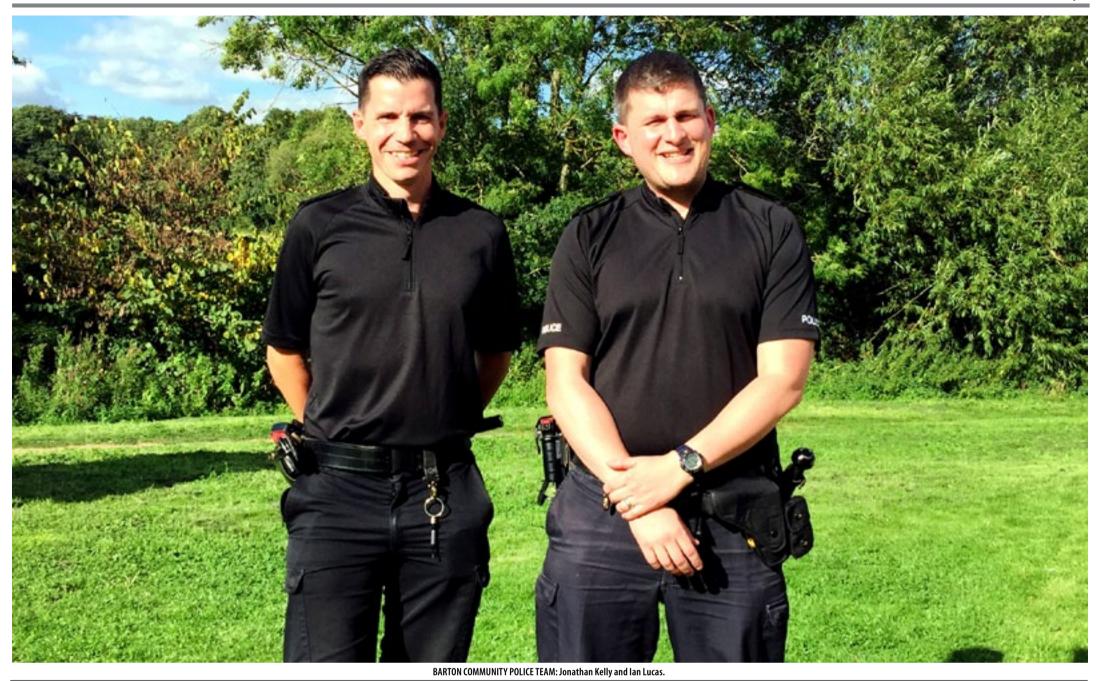
Pippa Gwilliam, Sue Holden, Tanya Field, Sharon Keane, Dan Gee, James Bloice Smith, John Lowe, Jenny Willoughby

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New Police Team for Barton, Risinghurst and Sandhills

Police Team for Barton, Risinghurst and Sandhills this summer, with the arrival of PCs Ian Lucas and Jon Kelly on 1 June to join PCSO Tom Tatford in the Barton police office.

lan and Jon both chose to work here when they were allocated to the Headington area. lan was already familiar with Barton because of his previous service with the police shift response team which included Barton in its geographical area. He used to walk from Cowley all the way to Barton via Wood Farm, which means he knows the streets very well.

Jon has family in Risinghurst and family who grew up on Barton, so between them they have a pretty good knowledge of the neighbourhood.

They both feel a great affection for Barton, and recognise the good work that was done by the previous team.

Ian said: "The challenges are in the social and economic climate we find ourselves in. It's

IT'S BEEN (nearly) all change on the Community a challenge for anywhere that is not hugely affluent, in terms of criminality, in terms of antisocial behaviour."

> "We felt it already had a good foundation [from the previous team, Dawn Raffield and Richard Morley], and that we could build on it, as other political aspects start taking effect and maybe things get worse. There is something we can do to help, and develop the area and keep it

BARTON FOLK

Jon adds that they have found Barton to be full of good people, and Tom thinks the Barton folk are "cool". There are some problems with some of the youths, but they like to engage with them, and chat to them on first name terms.

John said: "We've had our ups and downs, and there's been some low-level criminality, and messing about on dirt bikes and scramblers, but I think we've nipped that in the bud."

They all think it helps to make a point of going out and getting to know them.

The difficulty, if there is one, is in laying down boundaries, and walking the tightrope between recording and supporting the victims of crime, empowering people to help themselves out of unwanted behaviour. If they can do this without employing legislation, and being as they put it "firm but fair", so much the better.

Every community has problems and the level and the severity of the problem is something that discretion has to be applied to. But if somebody breaks the law, they are the people who have to enforce that law. "Everything we do, without wanting to sound too corporate, is attached to the national decision-making model, which is a specific kind of model where we can apply legislation and make consistent decisions. Both of them say their attitude was formed while they were growing up. "If you have a problem you always go to the police, but if you've done

something wrong then you expect us to always go to you," is the way they see it.

As well as being out and about and talking to people, both Ian and Jon have been to various play schemes where they play football with the kids. They think it's good to get to know them when they're young, so that they grow up knowing them. It helps that the children see them out of uniform and having fun with them. It's all about communication and engagement, a factor that's endorsed by Tom. He also sees talking to people in and around Barton as very important. Tom says it's all about building trust between the police and the community. He, along with the other team members, wants to encourage people to let them know if they have a problem.

The team wants people to knock on the door of the office, or to ring in. "We're there to be spoken to, we want to be spoken to, they've got to report things," lan says. "If we don't know about it, then we can't do anything about it."

Tom agrees. "Everyone knows the emergency number, 999, but not everyone knows about 101. If there's an immediate emergency, and you need immediate assistance, then 999 is the number. But if, say, there's a problem with antisocial behaviour, or a dispute with the neighbour, or anything else that can be dealt with in a longer timescale, then 101 is the number to use."

Dawn and Richard were well known, liked and respected, and their names still come up in conversation. "We want to follow in [their] footsteps and do a similar sort of thing, but in our own style. Because we are different people."

The new team is right on course to build a good relationship with people on the estates they are responsible for. If you see them out and about, stop and say hello.

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Barton's FREE community newspaper

Barton Fields Allotment Association

www.bartonfieldsallotment.co.uk

INTERESTED in keeping fit and healthy? Workout in the open air? Exercise in the peace of your local environment with views out over the countryside? Then come along and visit Barton Fields Allotment Association of Barton Village Road.

We have plots available in various sizes to suit all abilities and are keen to welcome new members. If you like to grow your own fruit, vegetables and flowers but don't have the space at home why not come and meet us, have a look around and see what we have to offer.

Barton Park development is going on around us and we are hopefully going to see some benefits from this in terms of upgrades on the site – more parking, improvements to the communal shed and a toilet. Meanwhile our Chair is active in looking out for the wildlife that is being effected by the development work.

If you are interested arrange a visit with Janette on 01865 580131 or have a look at our website www.bartonfieldsallotment.co.uk

At the moment we do not have a waiting list, but people moving onto the new development are being given information about the allotments and we are expecting the new residents to show an interest, so come and get your allotment first!

BARTON ON FACEBOOK

What's going on in Barton?

For news, photos, and information go to

facebook

and search for Barton
Community to find out.

BAYARDS SCHOOL PTA

Bingo

Bingo will be held on Friday 29 September between 5pm and 7pm, at Bayards Hill School

COST £5 (includes a book, a marker and a drink)
There will be a money flyer and a raffle too.

ALL WELCOME!



Venue: 15 Norham Gardens, Oxford OX2 6PY Day: Wednesday 2-4pm Starting: May 2017

go_girl code and create

A computer project for girls and young women aged 16+

Travel costs & Refreshments will be provided

1:1 support, self esteem & confidence building, Basic IT skills, Media Skills, Gaming, Coding, Web Design, Photo Editing, trips and outdoor activities and many more



This project is sponsored by Oxford University - Anne Geniets and Niall Winters

For more information contact Mel Jewell: 07785453266

APPOINTMENT BUDDIES



Volunteers Wanted!

ARE you able to offer 1-2 hours a week to support Barton residents who need a little extra help getting to their GP appointments?

Would you like to help shape a new service based in Barton? Training and supervision is provided for all volunteers.

■ For more information, please visit our website www.gettingheard.org.uk/volunteers or call Bec, the Programme Co-ordinator on: 07554 928291

POETRY PLEASE!

Reconciliation and Rejuvenation

EVERY so often a poem comes along that resonates and strikes a deep chord. One such is Owen Sheers' Winter Swans.

This poem begins bleakly in a boggy and drenched landscape with a couple walking together, yet apart, with nothing apparently to cheer or unite them. When two swans descend and seem to perform, though unintentional, the effect is slowly to reunite the distanced couple, seeing in the swans a faithful unity and togetherness, which in turn brings the pairs hands – swimming the distance between them.

The wintry aspect of the verses is almost inescapable, and in fact reinforced by the poet's choice of cold imagery, yet the couple's barely articulated reflections give us hope of both reconciliation and a chance at renewal.

Winter Swans

The clouds had given their all two days of rain and then a break in which we walked, The waterlogged earth gulping for breath at our feet as we skirted the lake, silent and apart, Until the swans came and stopped us with a show of tipping in unison. As if rolling weights down their bodies to their heads They halved themselves in the dark water, icebergs of white feather, paused before returning again like boats righting in rough weather. 'They mate for life' you said as they left, porcelain over the stilling water. I didn't reply but as we moved on through the afternoon light, Slow-stepping in the lake's shingle and sand, I noticed our hands, that had, somehow, swum the distance between us And folded, one over the other, like a pair of wings settling after flight.

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Meet your Community Safety Officer

MALCOLM Tandy is the Community Safety Advisor for Oxfordshire Fire and Rescue Service. His job is to make sure homes are safe from the risk of fire, especially the homes of elderly or vulnerable people.

Malcolm said: "What I do is work with other agencies. I go round all parts of Oxfordshire, where we've received a referral to go and visit somebody who's vulnerable and is believed to have fire risks in the property. Anybody who's deemed to be at danger from fire, or there are other issues that we can assist with."

REFERRALS

This means that if he's had a referral, which can come from a neighbour, a social worker, occupational health or even trading standards, he will visit and check on the safety of the person in question. People can also refer themselves.

It's called a "safe and well visit", and while his main focus is on fire safety, he will also notice if, say, an elderly person is receiving mountains of scam mail, or if they are in any other kind of distress. While at the premises, Malcolm will check to see if there are fire alarms. If there are, he'll make sure the batteries haven't run out.

It may be that the person has other problems that become evident during the visit. If the person wants him to, Malcolm can then refer them to another agency to pick up on those

The service was introduced nationally by the Chief Fire Officers' Association, and it relies on the trust the public has in the Fire and Rescue Service. It's in tune with the thrust to keep all the help agencies in touch with one another so they can support each other in the things that need to be done for people.

For Oxfordshire, "It's more joined up working across the county, and particularly for the vulnerable members of our community. We're all living longer, and in that comes sometimes issues which may not have been spotted by anybody else. It may be as a result of an incident we've had at the house, say a chimney fire, or the toaster was on fire, and we've gone into that house and found that that person may be in need of assistance in other areas, such as mobility, falls, and those other issues."

ON THE SPOT ADVICE

The service isn't restricted to the elderly. Anybody who needs advice or assistance is eligible for a visit.

Malcolm said: "We can only give the expert advice on the fire safety side of things. But we have had training in the other areas of which

we can give on the spot advice, and then refer on to the right people to get involved with that particular issue."

There are different ways to get in touch with the Safe and Well service. There is a website for those that are on the internet: www.365alive. co.uk or a community safety number which is 08000 325 999.

If you think there might be serious problems, such as that you haven't seen your neighbour for a few days, and you're concerned for their welfare, then the first port of call would be the police.

They would then call on Fire and Rescue if they needed assistance. But if your worry is along the lines of "I don't think my neighbour has any smoke alarms and I notice he's dropping his cigarettes on the floor and there are burn marks everywhere", or "I tested my smoke alarm this morning, and I nearly fell off the chair. I am 90 years of age. Could somebody come round and have a look for me because I don't think it's working?" then Safe and Well is what you need to call on.

SMOKE ALARMS

Asked if he had a message for the community about his work, Malcolm emphasised that the main aim is to make sure that working smoke alarms are actually in the house. He said: "On my visits about 15%-20% of the times I test smoke alarms, they don't work, because the batteries have gone dead, or there is some other problem. And there are still many householders out there with no smoke alarms at all. For those within the vulnerable category, it is still something that the fire and rescue service will do, free of charge, for smoke alarms."

For everyone else, they should go and buy one because they're not that expensive, and they're easy to fit - and they save lives.

Malcolm added: "Look out for the deals, there's always deals, in the big DIY shops and in the big supermarkets. And again, of course, if they have any issues about knowing where to site a smoke alarm, or if there's an unusual shaped property, and they 're not quite sure, then they can always ask our advice, and we can either give it over the phone, or we can make a visit to them. It isn't just Safe and Well that do that, it's all fire stations. We use all fire stations across the county and if we get the call we can put the call through and ask them to pop round for that particular purpose."

Malcolm's van is marked up with the Safe and Well logo (see photo above), and a number to call, so if you see it about, make a note. You never know when someone will need it.

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Disturbance caused by Barton Bus service

Buses disturb Barton residents

HALF the people living along the bus route in Barton get disturbed when buses pass. This shake the house severely!" is the finding of a recent survey. So far 10% of the homes along the bus route have completed a questionnaire.

Vibration disturbance is up at 50%, with 48% reporting physical effects like windows rattling, TVs shaking or flickering, or things falling off shelves. Of course, this means that half the population are not disturbed. Here are some comments:

"The whole home rattles." "Vibrates windows/walls."

"Disturbed only at night." "Buses doing more than 20mph "Have lived here 18 years, and have never found it a problem." "Not since road original concrete section removed or altered.'

It would appear that if you are a light sleeper, have one of those houses that is very close to the road, or live beside a pothole you're in trouble! For others, the buses are no problem.

However, without us asking, a lot of people complained to us about the service. Many are

reporting long waits for buses. When they arrive they come two, three or even four and more at a time. This is nowhere near the schedule which is published. We will continue to follow up on these issues and report to you on progress.

■ If you live along the bottom bus route and have not yet had a questionnaire to fill in you can request one by email from: james@hbc-oxford. org.uk; or by text on: 07545 696027. Or pick one up from the neighbourhood centre.

Age UK Oxfordshire, **Information Drop** In Session

AT THE Eats Well Cafe on the first Monday of each month, 10.30am-12.30pm. Your Community Information Networker will be available to listen and offer information and advice to anyone aged 50 plus. If I cannot answer a question I will find someone that can!

■ Contact Sian 07827 235448

Cherry Tree Nursery Update

LAST term saw us offering parent workshops. The children and parents who attended really enjoyed the experience of our first workshop which was making play dough, the second was based around reading stories and they explored 'The Gruffalo', talking about activities they could do that link to the book, i.e. making scrambled egg for scrambled snake.

In September the third workshop will be held which and will involve an environmental walk. We still have a few places in nursery from September and accept 2 and 3 Year Funding.

■ We are based in Headington Community Centre (OX3 8LL), our phone number is 01865 769794 and our email is jennycherrytree@hotmail.co.uk

ADVERTISEMENT

recycle for Oxford

Your guide to recycling in Oxford





This following is an extract from a 'Stop Loan sharks' report published this month

LAST year some clients said if they had known that they could remain anonymous at the time of reporting it may have encouraged them to come forward sooner. The Illegal Money Lending Team have worked hard this year to spread the word that victims can come none in 2016 forward and report a loan shark without giving us their name.

Ideally we would like the client to engage and be willing to give us a statement so that we have the tools to investigate further and also provide intense support to the borrower.

- 54% of victims were claiming benefits, which is a decrease of 8% on 2016
- 9% of respondents claiming benefits were on Universal Credit compared to
- 12% had requested welfare help from local councils – an increase of 4% compared to
- 14% had visited food banks within last year.
- 70% of respondents didn't have home contents insurance, a slight rise

• 46% had pre-payment meters installed for fuel supplies whilst 44% paid by direct debit or standing order through their bank.

compared to the past three years.

• 95% of respondents had bank accounts.

Debt

STOP LOAN SHARKS

- Loan repayments and/or credit card bills to banks
- Council tax arrears
- Door-step loans

64% owed money for:

- Utility bills
- Hire purchase companies or catalogues
- Pay-day and sub-prime loans
- Rent or mortgage arrears
- HMRC for tax overpayment return
- Outstanding phone bills

The lowest amount owed to legal creditors by take it from me." one individual was £30 for council tax arrears. The highest amount of debt owed by one person to legal creditors was £19,000.

Out of those that disclosed their debts to legal creditors, 48% had priority debts including rent, mortgage or council tax arrears, an increase of 15% compared to 2016.

Loan sharks

We asked the victims that we have supported in the last six months about the amounts they "I feel angry now I realize the amount of initially borrowed and have paid back so far:

Oxford Crematorium opened in Bayswater

Barton council estate was started to be Cycle Speedway team. This was a pedal cycle built in 1938 but stopped during WW2 but building recommenced in 1946. In 1948 the hut used by foreman of works was purchased by the Society of King Charles the Martyr as a place of worship and presented to St Andrew's Church.

green belt outside London. This offered some protection to Headington, although building continued in the green-belt at Barton. The Conventional District of Bayswater was formed by the Church of England to serve both the Barton and Sandhills estates.

The number of houses built at Barton

St Mary's Church in Bayswater was granted full parish status.

The return to a two-tier system of education was completed. Headington Middle School, Bayswater Middle School, and Headington Quarry First School closed down. Windmill Primary School moved into the Headington Middle School buildings, Bayards Hill Primary School (the new name for Barton First School) into the former Bayswater School buildings, and Headington Nursery School into the Headington Quarry School

The lowest amount borrowed was £120 and "I've got no money, can't buy food and can't the highest was £200,000 to fund a gambling pay bills! addiction. One victim supported this year borrowed £15,000 and believes he has paid back over £400,000.

Borrowers

We asked borrowers why they regretted getting involved with a loan shark. Some of their comments are below; they have been edited in order to protect identities.

"The hassle isn't worth it. The worry never goes. It hasn't helped my situation; I am now in even more debt."

"I have no family, I am on my own and they know that. I am scared of what they might do. It's like they know where I am going to be and when I have my money: they just come and

"It caused anger, stress, sleepless nights worrying about pay day, I was always thinking IMLT please contact Cath Wohlers, if my benefits stop how will I pay him?"

"He shouldn't have been lending - he wasn't legal. He took money that should have been spent on my family – I feel foolish for not challenging him sooner."

money he has had off me."

"I couldn't take the kids to the restaurant or buy them what they needed. I couldn't buy them clothes as all my money went towards paying my loan. I couldn't sleep, I couldn't tell my partner as it would have ended my relationship."

"I'm scared that his going to hurt my son, he has threatened to slash his face with a knife"

"It's really affected my mental health; I tried to kill myself."

"It's affected me financially,"

- To report a loan shark call the IMLT hotline 0300 555 2222or email reportaloanshark@stoploansharks.gov.uk
- For more info about the work of the England IMLT on Tel 07500 809339 Email: Catherine.wohlers@birmingham.gov.uk
- Visit www.stoploansharks.uk
- For updates on the campaign visit www.facebook.com/stoploansharks project

Early Days on Barton

THE original Fox Public House was a small thatched building which only had one room bringing up and the health of children, for drinking with the beer being brought up from the cellar. The old Fox was closed and demolished during the 1930s with a new Fox being built beside the Northern Bypass. After about 30 years, this in turn was closed and rebuilt to make way for the upgrading of the Northern Bypass to a dual carriageway and a new Fox was built on Northway and opened in 1967.

This was again closed and demolished to make way for a housing developement. In the 1980s The Fox was a favorite of pigeon-fanciers who had a club house there Eatwells Cafe. together with rows of cages for use during pigeon shows that were frequently held

Princes Castle had an unsusal start in that it was formally a blacksmith and stable block for the Manor House. Unfortunately Ada Collins kept the pub from 1914–1935.

The Princes Castle together with the Fox Public House became the focal points where residents used to meet to make plans on how to improve their way of life as to form football teams and youth clubs. The Fruit and Veg, now Barton Pharmacy, two pubs remained the focal points for the No 8, G. Owen, Ladies outfitters and football teams, The first football team was

known as Barton Midgets and Alden's the Butcher provided the first football shirts. Barton also had a cricket team together with No 14 Michaels, Newsagents, now Spar a ladies rounders team. The local residents arranged for a

Community Centre to be built in Underhill Circus. The Community Centre, a secondhand prefabricated building, built by Barton volunteers was opened in March 1950. In the early days of the community centre there was a young wives club, where ladies discussed such topics as housework, dress and domestic econmics. Unmarried ladies also assisted by minding the children in another room whilst meetings were held. The Womans Volunteer Service also ran a Darby and Joan Club. Barton Community Centre was rebuilt in 1992.

The opening ceremony was performed by The Rt. Hon, Andrew Smith MP and The Lord Mayor of Oxford Barbara May Gatehouse. It became known as The Barton Neighbourhood Centre and is the focal point for communuity activities including

The Barton Community Association which was formed over 60 years ago, is the main body representing the residents of Barton. In the early 1950s there were no shops on Barton, the nearest being Finlays, London Road adjacent to Green Road the pub closed in the mid 1980s. Lottie and Roundabout together with Charlotte's a small shop selling confectionary etc, now Colemans Hill Flats.

In 1954 a parade of shops were opened on Underhill Circus, these being No 2, J. Reeves, Hardware selling paint etc., now there were no shops, buses, schools or even Barton Chippy, No 4, Well-Shod Boot and footpaths in the area. They worked together Shoe repairs and Post Office, No 6, Jefferies Haberdashery, now hairdressers, No 10,

Oxford & District Co-op Butchers, No 12, Oxford & District Co-op grocery store and

Also in the 1950s, Barton had a thriving version of Speedway and was a very popular sport mainly for the 15–21 year olds.

The sport was held on oval dirt tracks around the country. Barton's team held all their meetings on spare ground off North Way near Green Road Roundabout. This was a serious sport for the Barton youths as they were part of the Oxford League with teams from Rose Hill and Wood Farm making up a total of ten teams from the Oxford area.

Headington Urban District Council was formed at the request of the parish council. It only lasted one year, but in that time purchased land on the Barton estate for 60 homes, acquired land for a public open space in Windmill Road (now St Leonard's Road car park), passed more than 200 plans to erect homes, and granted nearly 40 private enterprise subsidies.

The whole of Headington to the east of Gipsy Lane (1,529 acres) was incorporated into the City of Oxford. Headington Urban District Council was dissolved in August 1929, and the City Council took over the new suburb. Headington was guickly brought up to city standards, getting electricity and telephone for the first time, and better pavements.

The Slade Hospital opened on 3 February to buildings. replace the Cold Arbour Isolation Hospital

Oxford City Council adopted the first

reached 1600.



ADVERTISEMENT



CHECK OUR WEBSITE & SOCIAL MEDIA FOR INFO ON ALL OUR UPCOMING EVENTS! www.templarssquare.com

TEMPLARS SQUARE

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Barton's FREE community newspaper

Christmas Light Festival

OXFORD'S festive season has a dazzling start with the Christmas Light Festival weekend, one of the most exciting events held in the city centre.

From 17 to 19 November, ablaze with lanterns, street artists, outdoor exhibitions, seasonal markets, music and dance will fill the streets. Look out for grand installations and performance stages in Broad Street, Gloucester Green, The Castle Quarter and the newly opened Westgate Centre.

Celebrating 'The World in Oxford', a truly global weekend is in store. Art installations include visual surround sound compositions, interactive and digital projects as well as the iconic lantern parade with our local young people.

Free events and activities from the city's cultural organisations open up the historical city centre. Residents and visitors can enjoy an unparalleled experience of Oxford's streets, open spaces and buildings old and new.

No passport required – visit 'The World in Oxford', our unique Christmas Light Festival event.

ST. MARY'S CHURCH

Tough Talk are coming to Barton

JOE Lampshire and Ian McDowell both have an amazing story to tell of lives dominated by drugs and violence, but transformed and changed by the love and grace of God.

Tough Talk is a registered charity dedicated to sharing the good news about Jesus in an informal way that appeals to people who would not normally go to church

All the team feel that having let God into their lives, they now have an urgent need to share their experiences with the hope of helping others. They have found that the message of hope in Jesus reaches people from all backgrounds and age groups.

It is a very positive message that touches on the danger of drugs and steroids, the wider damage done by offending to family, friends and communities as well as the importance of being good fathers and how faith can play an important part in that.

Ponsonby.

For more details got to St. Mary's facebook page (https://goo.gl/XJlo

Tough Talk are coming to St. Marys Church, Bayswater Road and Barton,

from Friday 22 September to Sunday 24 September.

Friday 22 Sept: St. Mary's Church, Bayswater Road, 7.30–9.30pm. Coffee, cake and Tough Talk!

Saturday 23 Sept: Underhill Circus Shops, Barton, 12pm, 1pm, 2–3pm. Tough Talk, powerlifting, bench-press competition, TT merchandise and a chance to hear Joe and lan's story.

Sunday 24 Sept: St. Mary's Church, Bayswater Road, 10–11am. Tough Talk and guest speaker Simon Ponsonby.

■ For more details got to St. Mary's Facebook page (https://goo.gl/XJloaX) or phone Revd Eric Bossward 01865 604263



Joe competing at the Commonwealth Championships with well over 300kg. In 2006 Joe broke the British Squat record & overall total record!



Complete IT Solutions made E@sy Computer problems? Need support? Get in touch

Providing a friendly down to earth service in an easy to understand way. Covering many aspects of IT for home and business users, including but not limited to:

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Working with us, it's just like having your own IT Department when you need it. Visits can be arranged to suit you.

Call Richard on 01869 220280 or 07702 792217 Email info@enter-at.co.uk www.enter-at.co.uk

Barton Fireworks! by Bayards Hill School PTA

Friday 3rd November at Bayards
Hill School

Gates open at 5.00pm Display at 6.30pm

Tickets cost £3 per person Under 5 years old FREE

Hot dogs and refreshments available as well as a range of stalls and fun games



Autumn 2017 **Hands on News 9**

Disco Dadz returns to Barton!



FOLLOWING the success of our pilot year, we are hugely pleased to announce that the popular Disco Dadz project will be relaunching this Autumn at the Barton Bash on Saturday 30 September.

Disco Dadz is a fun disco and dance session for dads and their children (11 yrs and under). Mums are allowed too! The monthly sessions will take place at Barton Neighbourhood Centre and include a professional DJ and dance tutor, disco lights, party games, prizes, face-painting, refreshments, social time and more. All this for just £1 per family!

The pilot project was a huge hit among local families, and we are thrilled that we have the funding to be able to re-launch it this Autumn! One dad said "I would definitely recommend Disco Dadz to other dads, after all is not often you get the chance jump about with your children with pumped up music in a controlled and relaxed environment...The atmosphere was proper disco-like."

Project manager Rachel Gildea is keen to get more families involved this year, She said: "I would encourage everyone to come along: mums, dads, carers, aunties, uncles, grandparents. It is aimed at dads but most

importantly it is for everyone. We always welcome new families to come along."

The unique project provides a fun, inclusive and creative space for adults and children alike. Rachel added: "It's a great family activity, especially in the cold winter months – we have to keep dancing and laughing – and being at 'Disco Dadz' is just the medicine for that!"

Get on your dancing shoes, however big or small and come and join the party!

Autumn / Winter 2017 dates are:

Saturday 7 October, 10am -12pm, at **Barton Neighbourhood Centre**

Saturday 4 November, 10am-12pm, at **Barton Neighbourhood Centre**

Saturday 9 December, 10am-12pm at **Barton Neighbourhood Centre (Christmas** Special)

All sessions cost £1 per family.

■ For more info contact Claire on cthompson@oxford.gov.uk or pick up a flyer from Barton Neighbourhood Centre.

Stay and Play Group returns

THE Toddler Stay and Play is a group for children and their parents or carers that run every Tuesday from 9.30–11am, in the hall next to Eatwells in the Neighbourhood centre. It is free to attend. The group is funded by the Oxfordshire County Council. Local parents and Oxford Brookes BabyLab staff are involved in the weekly running of the group. The friendly staff at Eatwells prepares free hot drinks for the adults and a tasty snack and drink for the children.

The friendly group has been a real success with many regular attendees and new families attending every week. All children under 5 and their carers are welcome, with parents coming along with babies as young as two weeks old. During school holidays, older children are welcome but the group may be less suitable for children over the age of 7 years.

The key to the success of the group has been the involvement of the attendees. Carers find their role within the group, and it is their effort that has made the group so great. Whether it be, the setting up, welcoming and registering new families, contributing new ideas for activities or taking the lead on the weekly singing. At the end of the sessions, everyone is involved, helping to tidy up.

During the sessions, the children are very fond of the energetic singing activity, which includes an appearance from the cheeky donkey someone for parents who have not attended mascots. The children also enjoy helping to blow and pop 'Tiny Tim's' bubbles at the end.

Every week there is a 'focus' activity for children to enjoy with their carers. The activity is different each week and has included planting seeds, constructing bird feeders, making some very messy moon dough, whipping up smoothie ice-cream and creating miniature rafts that even Moana would be proud of. The activities are great fun for the carers too, who get very competitive with their own creations.

For the children, they are also learning new skills and strengthening up the muscles in their little hands by experimenting with different materials. At the end, they also have some rather impressive creations to take home.

Of course, as well as the planned activities, there is lots of time for free play too, and children are under no pressure to join in with the planned activities. Children enjoy playing on the ride-ons, engaging in role play, playing hide and seek in the den, or chilling out with a book. However, even the most reluctant children are keen to be involved in the group activities after attending a few sessions.

The group is a gentle way to help prepare children for nursery or school because they can have the experience of organised play while they have their carers to guide and reassure them.

For carers, the group is an opportunity to meet new people and to gain advice and support from other carers. The group has a 'hot topic' that changes every few weeks and is decided on by parents and carers. The 'hot topic' can be anything parents carers want to chat about from potty training, to managing difficult

Carers are invited to write any tips they have on the topic for other to see on a board. It is also a useful ice-breaker conversation to start with the group before. The group returns on the 5 September after a short summer break.

BABY GROUP

Alongside the Toddler Stay and Play, an additional new group that is just for babies (up to around 12 months old) will run. The baby group will run at the same times as the toddler stay and play, but in the Youth Club. The baby group will follow a similar structure as the Toddler Stay and Play, but at a slower pace.

Parents and carers are invited to come along and meet other carers with babies, even with babies that are too young to engage in the activities. Of course, babies are still welcome to come to the main group.

- For further info about either group email info@bartoncommunityassociation.com
- Barton Children and Family Centre (previously The Roundabout Centre) also run a group for children aged 0-5 years and their parents or carers. The Play and Learn group runs every Thursday, 10am-12pm. For further info please contact the centre.

Need help with your phone, laptop or tablet?

Come along to our Age UK computer drop-in every Monday, 2.30–4pm, beginning Monday 11 September at the Neighbourhood Centre.

All welcome. Please contact Fiona Tracey 07469150669 for further details.



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BARTON COMMUNITY ASSOCIATION UPDATE

Maths and English Classes at the **Neighbourhood Centre**

Both the English and Maths Classes for Adults will return in September will be delivered by Abingdon and Witney College.

The classes are free to attend and will take place on Tuesdays and Wednesdays.

For further details please contact Sharon at sharon@ bartoncommunity association. com or alternatively pop into the BCA office on the first floor at the Neighbourhood Centre. You can also call in to meet the tutors during their weekly sessions



Disco Dadz is back!

The popular monthly sessions for Dads to bring along their children (up to the age of 11) to a fun filled session at the Centre will restart in October. This will include games, face painting, arts and crafts, light refreshments and the compulsory Dad Dancing!

Although we always refer to dads but mums are also welcome to come along with their children to join in with the fun, although it is compulsory for children to be accompanied by a parent/adult carer. Maybe we could work towards a mum and dads dance off!

Further information will be available on our website and Facebook page when more details are known. It is hoped that enough funds will be available for these sessions to run indefinitely.

Fun to Learn Homework Club

The weekly Fun to Learn Club will resume on Thursday 14 September at 3.30pm at the Neighbourhood Centre. This project aims to support Year 6 students attending Bayards Hill School with Maths and English in the lead up to their transition to secondary school.

Children are invited to join the free Club through the school, and since the Club was formed we have seen some really good SATS results for the year and the membership covers all children who attend. The Club runs term time only between 3.30pm and 5pm. and is managed by Linda Morton who is employed by Bayards

If you think your child would benefit from these sessions then please speak directly to Linda who co-ordinates the attendance register. please contact Sue at sue@ Free refreshments are available to everyone who attends.



After School Art and Crafts Club

The Art Club is back on Friday 15 September in the main hall at the Centre. Again, this free to attend club runs each Friday term time only between 3.30pm-5pm and includes free refreshments. Children between the ages of 6-12 are welcome to attend and parents/carers are required to fill in a registration form at the first visit.

Please encourage your children to attend and we will enable them to release their arty crafty skills in a safe and friendly environment.

For further information please contact Sue on 07866 460446 or sue@bartoncommunityassociation.

Zumba is Back! Salsa is Back! **Body Toning is Back!**

By the time you are reading this most of us will have returned from summer holidays, sunshine days will be on the decline and we will be heading towards the falling leaves of autumn. But it's not all gloom and doom! All our fun keep fit activities are resuming during September so no need to despair - there is still plenty to look forward to:

- Salsa Monday evenings starting on 11 September between 7pm-8pm each week
- Zumba Thursday evenings starting on 7 September between 6.30pm - 7.30pm each week
- Body Toning Saturday mornings starting on 9 September between 9.30am-10.30am each week The cost to attend any of these classes is just £5 for six weeks so less than £1 per week per session.

So for less than £3 per week you can attend all three classes. This is much less than attending just one class in most other areas throughout

All attendees will need to be members of Barton Community Association and this costs just £1 per sessions. These sessions are intended as a fun way towards keeping fit and fun they most certainly are. What's not to like?

Come along and meet friends old and new as well as toning up those muscles you never knew you had! For more information bartoncommunityassociation.com or phone 07866460446

Barton Community Cupboard

Supplies from Oxford Food Bank are received on Mondays, Wednesdays and Fridays through Eatwells Community Café. The Café hands over surplus food to the Community Cupboard and will be available to the public between 1pm-2.30pm on Mondays, Tuesdays and Fridays.

Everyone benefitting from the Community Cupboard will be required to register at each visit to be able to access supplies. This new system has been introduced to ensure that the food is distributed in a fair way and everyone is able to access the available stock.

If you would like any further information about the Community Cupboard then please ask Sue or Sharon in the BCA office



Coach Trips 2017

At the time of writing this article we are half way through our Summer Coach trip schedule. Our first trip was to Portsmouth and Southsea and true to form the English weather was "unpredictable" on the day with showers and intermittent sunshine.

It may not have been the best that the English weather can throw at us, but for some they weren't deterred enough to keep them out of the sea - even if it was fully clothed and

The second of our trips headed off to Brighton and here there was a great improvement in the weather. Hopefully the trips to Weymouth and Bournemouth also enjoyed some late August sunshine and soaring temperatures.

We have trips planned for the Birmingham German Christmas Market on Saturday 2 December and already seats are selling so fast we need to upgrade to a larger coach. The coach will leave Barton at 8am and return by 7pm. On Sunday 10 December we will be heading off towards London to see the Christmas Illuminations through Oxford Street and Regent Street followed by a mini sightseeing tour.

Barton Bash 2017

THE Bash returns for the 12th year at the Neighbourhood Centre on Saturday 30 September between 12 noon - 4.30pm.

We have many fantastic free activities planned for children of all ages as well as several attractions for the adults.

Whether you want your face painted, your nails manicured, a castle that bounces, a bike that produces smoothies, your eyebrows threaded, a chance to blow a very large bubble, a raffle with some really great prizes or a quiet game of bingo then the Bash is for you!

Eatwells will be on hand to provide very affordable refreshments as well as our regular Hog Roast. Our local Neighbourhood Police Team will be on hand to offer advice as well as Oxfordshire Fire and Rescue who will be there with one of their fire engines.

Several local organisations will be attending to showcase what they do within our community and hopefully at the same time raise some much needed funds. Please support the Bash as it is YOUR annual community event.

■ If you want to get involved or would like further info please contact tanya@ bartoncommunity association. com or call Sue on 07866 460446

We will be leaving Barton at 4pm and return by 10pm. There will be a chance to grab a meal on the return journey. The cost for each of these trips is £10 per person and all passengers will need to be members of Barton Community Association.

To book seats please call into the BCA office on the first floor at the Neighbourhood Centre between 9.30am-2.30pm, Mondays-Fridays, or call Sue on 07866 460446. Alternatively email sue@ bartoncommunityassociation.com

Photos from the Past

We would like to include a couple of Barton historical photos in each edition of the Hands on News and so if you have a photo that you would like included please forward it to us with some relevant information.

This can be of a person (with the necessary permission if appropriate), a street party or a building from way back. How about a photo of your wedding or christening? Something that will remind us old enough to remember what Barton used to be like or let our younger readers get a taste of how things have changed.

Please contact Sharon in the BCA office or call Sue on 07866 460446 if you would like your photos to appear in a future edition of Hands on News

Wednesday Community Lunch

The Barton Community Association Community Lunch Club takes place each Wednesday between 12–1.30pm. The cost of a two course lunch is just £4, and everyone

attending will be entered into a draw to win a free meal the following week. Please come along and enjoy freshly cooked meals where age is no barrier - everyone will be made welcome. For further details please contact Sue on 07866 460446.

Military Advocacy Service

Barton Community Association is very proud to host the Military Advocacy Service at the Neighbourhood Centre on the last Monday of each month (Decembers meeting will be on 18 December) between 10am-1pm.

The Military Advocacy Service (MAs) is very well established in the Thames Valley area as a highly effective and successful service which supports veterans, reservists and their families who find themselves facing a range of health, housing, financial, family and social problems. The service is free, confidential and independent.

For further information please call 01865 728981

Barton Community Lunch -Special Offer

We are offering a two-course lunch each Wednesday throughout October for just £2. Normal price on Wednesdays is £4. Lunch is available between 12pm-1.15pm at Eatwells Community Café, and menu details can be viewed on the café blackboard. Alongside this we continue to offer a children's menu for just 99p.

■ Barton Community Association Contact Details:

WEBSITE: www.bartoncommunityassociation.com

FACEBOOK: www.facebook.com/pages/Barton-Community/473473665996918 GENERAL ENQUIRIES: info@bartoncommunityassociation.com

Sue Holden, Company Secretary: 07866 460446 or sue@bartoncommunityassociation.com Sharon Keene, Senior Administration and Bookings Manager: 07495 875591 or sharon@bartoncommunityassociation.com Tanya Field, General and Hands on News Administrator: tanya@bartoncommunityassociation.com

BCA Office, 1st Floor Neighbourhood Centre, 01865 761987

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WHAT'S ON AT BARTON NEIGHBOURHOOD CENTRE

SUNDAYS

Elshaddai Oxford

Red & Green Rooms, 9.30am-12.30pm

Destiny Springs Intern

Sports Hall, 9.30am-12noon

Sunday @ 5

Blue Room, 4.15pm-6.30pm

MONDAYS

Barton Surgery

Surgery, 8.30am-6pm (closed 12 to 2pm)

Eatwells

Café, 9am-1.30pm

Name It

Youth Club, 11am-1pm

Zumba Kids

Blue Room, 4pm-4.45pm

Kung Fu

Blue Room, 5.30pm-6.30pm

Job Club

Café Space, 6.30pm-8.30pm

Sports Hall, 7pm-8pm

Barton Community Cupboard

Foyer, approx 1pm, (Food Bank)

TUESDAYS

Barton Surgery

Surgery, 8.30am-6pm (closed 12 to 2pm)

USEFUL INFO

LOCAL DENTAL PRACTICES

Eatwells

Café, 9am-1.30pm

HEALTH

Barton Surgery

Bury Knowle Health Centre

01865 744221

01865 761651

01865 762535

01865 741841

0300 304 7777

01865 741155

NHS Direct

Nuffield Hospital

310 Dental Care

01865 766975

01865 308400

01865 308865

01865 308050

01865 761965

01865 750056

Studental

Euro Dental Practice

310 London Road, Headington,

Bury Knowle Dental Practice

207 London Road, Headington,

61 London Road, Headington,

John Miller Dental Prctice

Kennett Road Dental Practice

3 Kennett Road, Headington,

Manor Dental Practice

7 Osler Road, Headington,

6A The Parade, Windmill Road, Headington,

Oxford Brookes University, Colonnade Building, 3rd

Floor, Gypsy Lane, Headington, 01865 689997

Manor Surgery

Churchill Hospital

John Radclifffe Hospital

Stay & Play

Blue Room, 9am-11.30am

English Literacy Classes

Green Room, 9.30am-11.30am

Children Heard & Seen, Youth Club/Sports

Hall, 4.30pm-6pm

Brownies

Green Room, 6pm-7.30pm **Girls Group**

Youth Club/Sports Hall, 6pm-8pm

Bingo

Blue Room, 6.30pm-9.30pm

Barton Community Cupboard

Foyer, approx 1pm (Food Bank)

WEDNESDAYS

Barton Surgery

Surgery, 8.30am–6pm (closed 12 to 2pm)

Eatwells

Café, 9am-1.30pm

Maths Numeracy Classes

Green Room, 9.30am-11.30am

Sewing Group

Youth Club, 10am-1pm

Job Club

Foyer, 10am-12noon

Lunch Club

Blue Room, 11am-2.30pm

Community Gadget Drop In Blue Room, 2.30pm-4.30pm

LOCAL CHEMISTS

96 London Road, Headington, 01865 762518

Bury Knowle, Headington, 01865 765559

3 Roundway, Headington, 01865 766994

6 Underhill Circus, Headington,

Sports Hall, 4pm-9.30pm

Barton Pharmacy

Boots Pharmacy

Boots Pharmacy

Roundway Pharmacy

SCHOOLS

01865 761656

01865 765726

01865 433000

01865 872441

01865 761712

01865 763606

01235 849400

Gas Emergencies

Oxfordshire County Council

Oxford City Council Out Of Hours

Chippy

Spar

Age Uk

Childline

0800 1111

01865 792422

01865 249811

01865 252900

Samaritans

08457 909090

Oxford City Council

Bayards Hill Primary School

Cheney Secondary School

Sandhills Primary School

LOCAL SHOPS

Wheatley Park Secondary School

OTHER USEFUL NUMBERS

Thames Valley Police Non Emergency 101

01865 763106

THURSDAYS

Barton Surgery

Surgery, 8.30am-6pm (closed 12 to 2pm)

Eatwells

Café, 9am-1.30pm

Fun 2 Learn Homework Club

Green Room, 3.30pm-5pm

Senior Boys Youth Club Youth Club, 5pm-7pm

ZUMBA

Blue Room, 6.30pm-7.30pm

FRIDAYS

Barton Surgery

Surgery, 8.30am–6pm (closed 12 to 2pm)

Eatwells

Café, 9am-1pm

Art and Crafts Club

Blue Room, 3.30pm-5pm

Barton Community Cupboard

Foyer, approx 1pm (Food Bank)

SATURDAYS

Eatwells

Café, 9am-12noon

Body Toning

Blue Room, 9.30am-10.30am

Karate

Sports Hall, 9.30am-1pm

OBC Youth Club

Youth Club/Sports Hall, 11.30am to 2.30pm (fortnightly)

City Council Tax Team

01865 249811

Free collection of up to 3 bulky items 0800 227 676

Furniture Recycling

01865 763698 **Social Services**

08450 507 666

Social Care Safeguarding Team

To report a concern about a child/vulnerable adult call 01865 323048 (out of hours number is 0800 833408)

Residents Parking Permits

08456 344 466

Planning Application Updates

For live updates to plans in the local area go to http:// ox.planningtracker.co.uk

SERVICES

Barton Community Association

01865 761987

Christians Against Poverty

(Free service) 0800 3280006 **Leisure Centre**

01865 467290

Barton Pavilion

01865 452616

St Mary's Church 01865 761886

Oxford Mail 01865 425262

First Homecare

01865 744174

Barton Advice Centre

01865 744152 **Getting Heard**

(Oxfordshire Advocacy) 0300 3435718

Roundabout Family Centre

01865 764952

Police - Emergency

999

Police – non emergency

101

Recycling and Waste info

01865 249811

BCA COACH TRIPS

SATURDAY 2 DECEMBER

• Birmingham German **Christmas Market**

Depart at 8am, and return by around 8pm. £10 per person.



SUNDAY 10 DECEMBER

• London Illuminations and Sightseeing Tour

Leaving Neighbourhood Centre at 4pm and return by 10pm. £10 per person.

FRIDAY 6 OCTOBER

• Overnight trip to Blackpool

See the Illuminations and much more! Departing Friday, 8am, and returning next day by 10pm.

£78 Per Person. Price includes coach fare and hotel B&B, plus optional tour of the illuminations on Friday evening.

■ For further details and to book seats contact Sue on 07866 460446

or susanholden@hotmail.com

or Sharon in the BCA office on first floor.

All passengers must be members of Barton Community Association. Membership £1 per year.

YOUR LOCAL REPRESENTATIVES

CITY COUNCILLORS



Mike Rowley 07827 532 445 cllrmrowley@oxford.gov.uk



Mark Ladbrooke 07483 010 660 cllrmladbrooke@oxford.gov.uk

COUNTY COUNCILLOR



Glynis Phillips 07929 659 902 Glynis.phillips@oxfordshire.gov.uk

MP FOR OXFORD EAST



Anneliese Dodds 01865 595 790 anneliesedoddsmp@gmail.com www.facebook.com/anneliesedodds Twitter @AnnelieseDodds

MP SURGERIES

Friday 8 September 2017

Barton Neighbourhood Centre from 3pm to 3.45pm

Friday 6 October 2017

Barton Neighbourhood Centre from 3pm to 3.45pm

Friday 17 November 2017

Barton Neighbourhood Centre from 3pm to 3.45pm

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FOOD RECYCLING

You can now use plastic bags to line your food caddy!



IT CAN be difficult and frustrating to use the more expensive compostable food caddy liners, as they can leak and tear, creating mess. Plastic liners are cheaper, cleaner and stronger. You can use any plastic liner such as a carrier bag, bread bag, or sandwich bag – please don't use a black bag. You can also continue to use compostable liners, newspaper, or put food in your caddy without a liner.

All of Oxford's food recycling goes to an anaerobic digestion plant in Cassington, where machinery is able to split and remove bags and liners, creating electricity and fertiliser from your leftovers. Until earlier this year, food also went to a composting plant in Ardley, which couldn't process plastic.

- If you would like to purchase plastic liners from the City Council, you can pick up a roll of 40 for £1.50 from Marsh Road Depot, OX4 2HH.
- ✓ plastic carrier bags
- √ supermarket carrier bags
- ✓ pedal bin liners (not black bags)
- ✓ other plastic bags
 (e.g. bread bags and salad bags)
- √ compostable bags
- ✓ newspaper
- black bags

Christians Against Poverty

CHRISTIANS Against Poverty are running simple training sessions in October designed for anyone wanting to get a handle on their personal finances.

CAP Money is a free course that will teach you budgeting skills and a simple, cash-based system that works. It uses a mix of video clips, workbook and discussion. In just a few weeks, you will get to grips with your finances so you can budget, save and prevent debt.

Whether you feel pretty organised or whether it's like a lucky dip every time you try to withdraw cash from your account, the CAP Money Course will help.

Peter, one of the thousands of people who attend a CAP Money Course each year. He said: "Before the CAP Money Course, my head was buried in the sand. The CAP Money Course created an open community where I felt I could begin to talk about it.

"An enormous weight was lifted from my shoulders. Using the cash system, I was taught how to budget and save for the future. It was a giant leap towards helping us get our finances sorted."

The course is being held at the Barton Community Centre over two sessions, Wednesday 11 October and Wednesday 18 October, 7.30pm to 9.30pm. Please plan to attend both sessions. It's limited to 14 participants.

■ To enrol, go to www.capmoneycourse.org or phone 01865 249008.

ADVERTISEMENT

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Fly-tippers face prosecution with a maximum penalty of imprisonment, or an on the spot fine of £400.

Help us to keep Oxfordshire a clean and safe place to live.