Barton Newsletter

FOR BARTON AND BARTON PARK **FEBRUARY 2025**





Room to Reward

Barton Community Association are delighted that David Hougham, Bina Ali Bibi and Louise Foster, three of fantastic volunteers have been given a short break away in recognition of the wonderful voluntary work they do in Barton to help others and make Barton and Barton Park a better place to live and work. We hope they all enjoy their well-deserved short break courtesy of Room to Reward.

Christmas Cards for Townsend House



During November and December last year, families from Barton Community Larder were busy making Christmas cards for the residents of Townsend House. On Christmas Eve, Oliver Foster, who helped make the cards delivered them to the residents who were delighted to receive them. Thank you to everybody who made cards and to Oliver for delivering them.



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Lucky Lucy!



Did you know that each month, one lucky Barton Community Larder member wins their monthly membership fee (at an individual rate of £14) back?

January's lucky winner is Lucy Stokes who is pictured here with her winning envelope with Oliver Foster, one of our work experience students, and Katy Cockram, BCA trustee & Larder volunteer. Well done Lucy, and enjoy your winnings!

If you would like to join the larder, here's the link - https://www.tfaforms.com/5002010. You can find us in the sports hall at Barton Neighbourhood Centre on Tuesdays between 10 am and 7 pm.

Emergency Bleed Control Kit & Defibrillator





Did you know that we have an emergency bleed control kit and defibrillator positioned at the front of Barton Neighbourhood Centre? Please share this information with as many local people so that should someone need them, the bleed kit and/or defib can be accessed quickly to help. Both have instructions, are straightforward to use and the defib will only shock someone's heart should they need it, so you can't get it wrong!

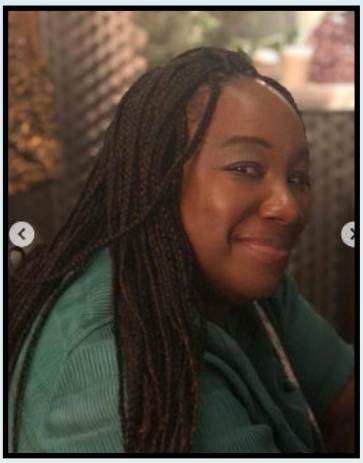
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Volunteer Focus

Andrena

Volunteer



Hi, I'm Andrena. I work as the Outreach Worker at Collinwood Road church in Risinghurst, just across the Ring road. I have lived and ministered in this area since September 2022, and was first introduced to Barton when I came to the Barton Bash, a few weeks after starting! On that occasion I met with Julie Cordery and Tanya Field, and was really encouraged about the work that is being done in Barton and I wondered if there were a way I could become involved as a volunteer. I soon became an occasional visitor to Brownies and a helper at the Barton Larder, involved with the "pack-away team", at the end of the day to pack away the food and tables and restore the sports hall so it can be used by other groups.

In my role I speak with people who are struggling in many ways including financially and emotionally, and I often signpost them towards the Barton Larder, which is so much more than a food resource, there are great volunteers on the team who support each member, the café is a great place to have a catch up (with hot and cold drinks and delicious cake) and also to be connected up with other services and to know more about what is happening in the area. I would encourage everyone to volunteer, it's a great team and there are so many different areas that you could get involved with, and every hour helps!



TALK ABOUT MONEY

Free group session and a shopping voucher of £25 for attending (and, of course, tea and biscuits).

'I don't know where it all goes....' 'There's not enough to go round....'

'Everything is just going up....' 'It all just goes on bills....'

Can we help you to see things differently and to feel more in control.

Date: **Tuesday 18 February**

Time: **1:30 pm**

Location **Green Room at the Barton Community Centre (first floor)**

Please either send an e mail to: ghorne@oxfordshirewelfarerights.org.uk

Or ring 01865 744 165

Or give your contact details to a member of the team at the community center.

Talk About Money

Please see flyer above for more information.

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Worried About Dementia? Find Help and Hope Here, Barton

Nearly one million people in the UK are living with dementia, and 1 in 3 people born today is expected to develop it in their lifetime. Many people think of dementia as just memory loss, but it can also affect how someone thinks, feels, and communicates. It's important to know that dementia is not a normal part of getting older; it is caused by diseases of the brain that can change how people behave and understand the world around them.

At Alzheimer's Society we're working towards a world where dementia no longer devastates lives. We do this by giving help to those living with dementia today and providing hope for the future by campaigning to make dementia the priority it should be and funding groundbreaking research.

If you're worried about dementia, we're here to help:

Call Alzheimer's Society Dementia Support Line at 0333 150 3456 for information, advice, and emotional support in your preferred language.

Email us at enquiries@alzheimers.org.uk for assistance.

Join our online community Dementia Support Forum, where you can ask questions and shared experiences: forum.alzheimers.org.uk.

For more information, visit alzheimers.org.uk.

Keep an eye out for occasional pop-up tables at Barton Neighbourhood Centre, where we'll have opportunities to chat and engage in activities.

Together, we can face the challenges of dementia with awareness, understanding, and support.

Alzheimer's Society

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Townsend House Coffee Morning

Please see flyer above for more information.

Townsend House: Dementia Focus Evening hosted by our Admiral Nurse.

Come along to one of Townsend House's events

Dementia Focus Evening
Learn about the critical role of Admiral Nurses, how they support families affected by dementia, and how to recognise the signs and symptoms, followed by a Q&A session. Hosted by our Admiral Nurse, Emma Walker.
Tuesday 4 March, 6.00pm until 8.00pm

Monthly Coffee Morning
Is there anything better than a slice of cake and a hot drink in the winter months? If you or a loved one are looking to make new friends, join our residents, team and members of the local community for a chat and activities.
Last Friday of the month, 10.00am until 11.30am

All our events are free of charge for attendees.



Barton Big Spring Clean 2025

Please see flyer above for more information.

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Big Splash Weekend at Barton Leisure Centre and Ferry Leisure Centre

Our Big Splash Weekend event is taking place at Barton Leisure Centre 9am to 2pm on Saturday 8th February and Ferry Leisure Centre 8am to 10am on 8th and 9th February.

Come down and get involved in a whole host of free splash-tastic activities, and also take advantage of our fantastic special offers that will be exclusive to the day!

Free Taster Swimming Lessons
Our high-quality swimming lessons will teach your child a skill for life and a love for the water. Join our Big Splash weekend for free taster swimming lessons.

Saturday 8th February Barton Leisure Centre
Time: 9am – 2pm
Preschool & Stage 1

Saturday 8th February Ferry Leisure Centre
Time: 8am – 10am
Stages 1, 2, 3, 4, 6

Sunday 9th February Ferry Leisure Centre
Time: 8am – 10am
Preschool, Stage 1 & Junior beginners 8+
Speak to a member of our reception team to get booked in or visit our website: Oxford City Leisure

Bra Bank



We have an Against Breast Cancer bra bin in the foyer of Barton Neighbourhood Centre, near the entrance to the doctor's surgery. If you have any bras (in any condition) that you no longer want, please pop them in the bra bin.

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Roller Disco at Barton Neighbourhood Centre

This half term, Barton Community Association and Active On 8 present Roller Disco at Barton Neighbourhood Centre (Sports Hall). **Thursday 20th February at 5pm to 6.30pm for ages 8 to 11** and **6.30pm to 8pm for ages 12 to 16**.

To register, please contact Kristine at kristine@bartoncommunityassociation.com.



Free Cooking Class for ages 11 to 16 at Barton Neighbourhood Centre

Free Cooking Class for ages 11 to 16 on Fridays (term time only)! Only 10 spaces available so hurry and register through the following link: https://forms.office.com/e/trL5fS97NZ.

For more information, please contact Kristine at kristine@bartoncommunityassociation.com.

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Film Making Workshops led by The Story Museum and Film Oxford for ages 11 to 16 years old

To register, please email Kristine at kristine@bartoncommunityassociation.com.

Wednesday 19th February 11am to 4pm at Barton Neighbourhood Centre Green Room

Thursday 20th February 11am to 4pm at The Story Museum (meet up at Barton Neighbourhood Centre)

Friday 21st February 11am to 4pm at The Story Museum (meet up at Barton Neighbourhood Centre)

To register, please email Kristine at kristine@bartoncommunityassociation.com.



Connect the Youth

Would you like to be part of a group for raising concerns and discussing ideas to improve Barton for its youth? Join us on the next Connect the Youth meeting on Friday 21st February from

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5:15pm to 6:15 pm at Barton Neighbourhood Centre Youth Club. Please click the following link to register:

https://forms.office.com/e/j0jPtzemCn.

For more information, please contact Kristine at kristine@bartoncommunityassociation.com.



Body Politic Dance Performance Project

Please see flyer above for more information.



BARTON BIG BUFFET! As part of the Big Lunch

Sunday 8th June midday to 3 pm

If dry, outside the sports hall of Barton Neighbourhood Centre and along Fettiplace Rec, if wet, in the sports hall and youth club.

Bring a plate of food that represents you for the buffet or bring your own picnic.

We will be using this event to recognise and celebrate all the volunteering that's going on within Barton, so we would love to hear what volunteers are getting up to in Barton.

Music, rounders and fun for everyone. Further details to follow, but if you would like to help with the planning or get involved, please contact Tanya at tanya@bartoncommunityassociation.com or on 07929 868284.

Save the date! Barton Big Buffet!

Please see flyer above for more information.

Bric-a-brac donations

We welcome limited donations of items such as books and toys for the larder, **but you must speak to Sherrie first to check we have capacity to take them or email sherrieneil250@gmail.com .**

Items need to be delivered on Monday mornings. Thank you. We sell items very cheaply, prices starting from 10p. **It you wish to buy items, please bring cash with you as we can no longer accept IOUs.**

Please note we are currently not accepting any clothing and bric-a-brac donations until 17th of February.

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Barton Community Larder

Barton Community Larder runs every Tuesday from the sports hall at Barton Neighbourhood Centre. The larder is open to everyone, and we welcome visits anytime we're open so you can look around and chat to volunteers to see if the larder will work for you.

The larder is now open from 10am to 7pm with no break. The larder café is currently open from 10am to midday, and again from 2pm to 4pm. The larder café is hoped to be able to also open in Spring 2025 from midday to 2pm to serve a basic, inexpensive lunch.

For further information or if you have any questions, please contact Tanya at tanya@bartoncommunityassociation.com or on 07929 868284.

Special offer!



In the Larder café every Tuesday between midday and 2 pm, for February and March you can have a bowl of soup and a bread roll for just 50p!

The Larder café is held in the Youth Club of Barton Neighbourhood Centre.

All welcome, and you don't need to be a larder member to join us.

Bowl of Soup & a Roll for 50p!

Please see flyer above for more information.

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Coach Trips 2025

Thursday 15th May departing at 9.30am to Windsor	£16
Friday 6th June departing at 9.30am to Bourton on the Water	£16
Sunday 20th July departing at 9.30am to Stratford	£16
Tuesday 29th July departing at 7.30am to Eastbourne	£16
Wednesday 6th August departing at 7.30am to Brighton	£16
Thursday 14th August departing at 7.30am to Weymouth	£16
Friday 22nd August departing at 7.30am to Bournemouth	£16
Thursday 28th August departing at 7.30am to Southend-on-Sea	£16

If you would like to book seats on any of the above trips, you will need to have a current BCA membership (£2 for 2025 for anyone aged 16+ or free for anyone under the age of 16)

Please call Sue on 07866 460446 or sue@bartoncommunityassociation.com

or Mandy on 07566 755544 or mandy@bartoncommunityassociation.com

or Sharon on sharong@bartoncommunityassociation.com

Seats can be paid for by instalments and either by cash, cheque or BACS transfer

Bank details: Metro Bank Barton Community Association Account No. 42609781 Sort Code 23-05-80 Please use your surname for reference if paying by BACS

For any further information, please call or email using the details above.

All trips are subsidised by Barton Community Association

Coach Trips 2025

Please contact either Sue at sue@bartoncommunityassociation.com or Mandy at mandy@bartoncommunityassociation.com to book a place.

BCA Website and Facebook Pages

The Barton Community Association website can be found on the following link: https://www.bartoncommunityassociation.com/

Contact Number: 07566 755544

The main Barton Community page can be found on the following link:

https://www.facebook.com/bartoncommunity

The Barton Youth Activities page can be found on the following link:

https://www.facebook.com/BartonYouthActivities

Exercise Classes

Come and join for some fun exercise classes here at Barton Neighbourhood Centre! The following exercise classes are open to everyone.

Mondays

Zumba Gold 11.00am – 12 noon £5 for four sessions

Line Dancing 6.30pm – 7.30pm £5 for four sessions

Tuesdays

Yoga 6.30pm – 7.30pm £10 for five sessions – please bring a mat with you or we have them available for purchase £5 each

Thursdays

Zumba 6.30pm – 7.30pm £10 for five sessions

Saturdays

Body Toning 9.30am – 10.30am £10 for five sessions

All classes run term time only and all attendees need to have a current BCA membership costing £2 per year. This can be completed when you attend your first session if you don't already have a membership.
For further details please contact Sue on 07866 460446 or sue@bartoncommunityassociation.com

Exercise Classes at Barton Neighbourhood Centre

Come and join for some fun exercise classes which are open to everyone! For further details, please contact Sue on 07866460446 or sue@bartoncommunityassociation.com.

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Bingo

Taking place at Barton Neighbourhood Centre on Saturday 8th March, doors open at 5 pm, eyes down at 6 pm. Please see attached flyer for further information.

Birthday Cakes

Do you know a child who would love a birthday cake, but their carers cannot afford one for them? If so, Free Cakes for Kids may be able to help. Further details can be found here.



Eatwells Café

A variety of reasonably priced items is available on the menu. Please come and support the café. Grab a quick bite or a drink, or maybe use it as a friendly meeting place to catch up with friends and neighbours. There is a warm cosy space available in which to enjoy your food and drink. We are also looking for some volunteers to come along and help us run the café during opening hours. If you have a couple of hours spare, please get in touch with Kristine at kristine@bartoncommunityassociation.com.

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Coffee Mornings at Barton Pavilion

Please see above flyer for more information.

Barton Youth Activities (Term time only)

Art Club—Mondays 3:45pm to 5:15pm (For ages 6 to 11)
Body Politic —Tuesdays 4:30-5:30pm (for ages 11 to 18)
Science Club (by Science Oxford)—Wednesdays 4:00pm to 5:30pm (For Key Stage 2)
Junior Youth Club—Thursdays 4:00pm to 5:30pm (For ages 8 to 12)
Senior Youth Club—Thursdays 6:00pm to 7:30pm (For ages 12 to 16)
Cooking Class— Fridays 4:00pm to 5:15pm (For ages 11 to 16) FULL
Messy Jam—Fridays 6:00pm to 7:00pm (For ages 11 to 18)

For more information, please contact Kristine at kristine@bartoncommunityassociation.com.



Knitting and Crochet Club

Free to attend Knitting and Crochet Club on Wednesdays 11:30am to 1pm at Barton Neighbourhood Centre. Please see attached flyer for more details or contact Sue at sue@bartoncommunityassociation.com.

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Vacant Positions

Volunteering Positions:

Help with larder set up on Monday mornings (includes some physical tasks)

Café volunteers (Wednesdays and Thursdays)

Volunteers for Youth Club and Art Club

For more information please contact Sue at sue@bartoncommunityassociation.com

Volunteering

We at Barton Community Association are so lucky to have so many wonderful volunteers helping us in various ways, but we still have some areas that we need more help with. Please see flyer above for more information or contact Sue at sue@bartoncommunityassociation.com.

Each month we would like to feature someone who volunteers in either Barton or Barton Park. If you are a volunteer who would like to be featured, or know somebody who would, please can you send Tanya a photo and a bit about them, so for example how long they've been connected with Barton or Barton Park, what voluntary work they do, what they feel they gain from volunteering, how long they have volunteered for, their advice to anybody thinking about volunteering etc.

Tanya's email is tanya@bartoncommunityassociation.com.



Community Activity Directory

Headington Action have complied a handy Community Activity Directory. For further details please see the flyer attached or click here.

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Unwanted Gifts Appeal

Do you have any unwanted new or nearly new gifts that you no longer need or use? We would greatly appreciate your generosity in donating them for us to use in various ways such as for birthday gifts for all ages or regifted through the Community Larder. You are welcome to drop them into the office anytime Monday to Friday between 8 am and 1 pm.

Thank you for your kindness and support!

Throwback Photos of the Month





