Barton Newsletter

FOR BARTON AND BARTON PARK **NOVEMBER 2024**



Body Politic Family Dance Party

Back due to popular demand, we've once again partnered with Dancin' Oxford and The North Wall Arts Centre to bring you a special Family Dance Party, with a Body Politic twist.

Join us for a 'hip-hopping, toe-tapping' daytime disco for all of the family. Featuring a live DJ, party games, bubbles and disco lights and more!

Here are the dates/times for our Family Dance Parties:

Halloween Family Dance Party

Sat 26th Oct | St John's Church, Kidlington

10:30-12pm / 1-2:30pm

Light Trail Family Dance Party

Sat 16th Nov | Cutteslowe Pavilion

3-4:30pm / 5-6:30pm

Christmas Family Dance Party

Sun 1st Dec | Barton Neighbourhood Centre

12-1:30pm / 2:30-4pm

Body Politic works hard to ensure that our classes and activities are accessible to everyone.

Family Dance Party operates at a suggested cost of £5 per person and under 2's go free!

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If finance is a barrier, we ask you to pay-what-you-can.

Call 01865 319450

Email contact@thenorthwall.com

BOOK HERE



Barton Community Association Stay & Play

We are delighted that Barton Community Association's Stay & Play has been chosen as one of the Co-op's local causes. If you are a Co-op member, this is where we need your support. Please click this link https://membership.coop.co.uk/causes/89433 and choose BCA as your cause to support. If you're not a Co-op member and would like to be, it only costs £1 and then you will be able to choose BCA as your cause. By choosing BCA as your cause, you will be helping Stay & Play to get extra funds to help more families. We would be grateful if you can help spread the word as the more Co-op members who choose BCA as their cause, the more funding Stay & Play will receive.



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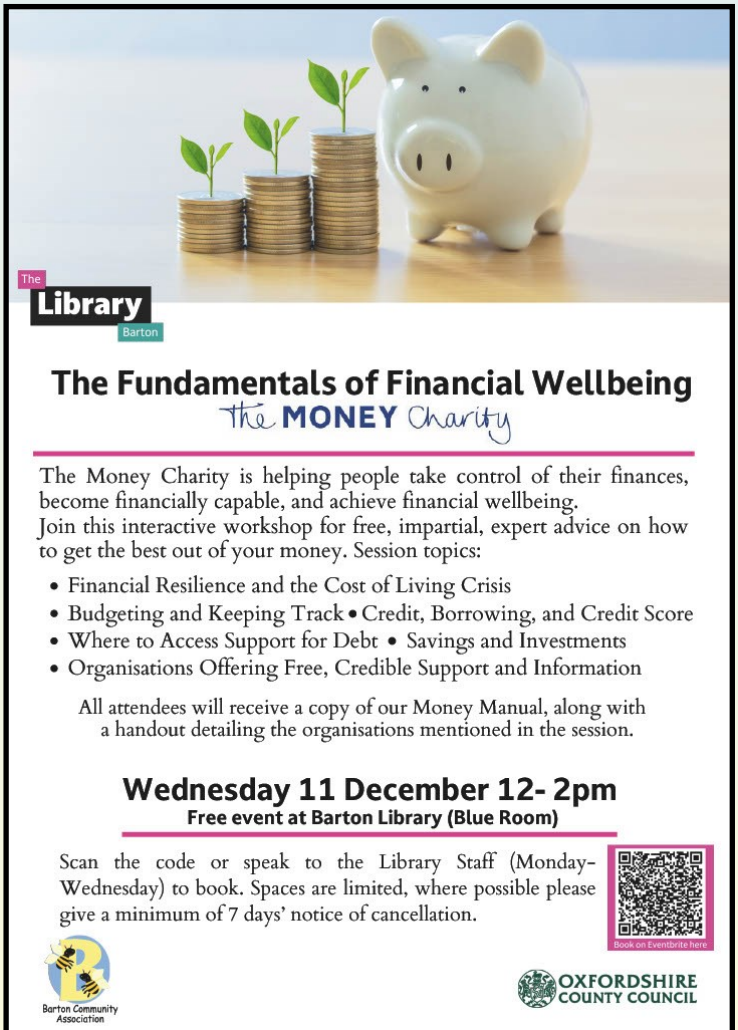


Light Festival at Pegasus: Saturday 16th November 2024

Pegasus will be opening its doors for a day of free activities as part of the Light Festival 2024. We open at 9.30am and we'd be delighted to see you.

Activities include a walking tour with intrepid explorers from Whatnot Theatre, shadow puppetry workshops with Wild Boor Ideas, the Glow Gallery with IF-Oxford Festival of Science and Ideas, open-mic night Queer Voices, and an exhibition of art and poetry by local schools, our Looking Forward group and participants from Refugee Resource.

All events are free, some must be booked. For more details and to book please visit the Pegasus Light Festival page: https://pegasustheatre.org.uk/our-community/magdalenlight/



The Fundamentals of Financial Wellbeing

Please see attached flyer for more information.

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Volunteer Focus

Chris Richmond

Volunteer and member of the Board of Directors



I have lived in Barton for about six and a half years, having moved from Sandhills where I lived for about 16 years. At the time I was working as a journalist, commuting to London by coach, but in 2021 I joined the charity Age UK trying to help people in the community, linking them to activities and services such as benefits advice – crucial at the moment given the government's withdrawal of the Winter Fuel Allowance.

I have always been keen to help charities and for about a decade until Covid lockdown could be seen rattling tins for the RBL Poppy Appeal in the city centre – it's a humbling and very rewarding experience.

My first encounter with the Barton Neighbourhood Centre came shortly after lockdown began in 2020. Working from home over Easter I developed a pulmonary embolism – a blood clot caused by inactivity that lodged in my lung. I spent a couple of nights in the JR and am now on medication so I can no longer give blood! While I was recovering I literally stumbled across the Community Larder, was invited inside and plied with food. I offered to pay in kind and so began my involvement as a volunteer by delivering food parcels during lockdown. This developed into helping to set up the Larder each week and when the Larder Café reopened I offered to bake some cakes. Partly for fun and to show what can be done with fresh produce I started using some of the fruit and veg in the recipes, getting more inventive and gaining quite a reputation until they were featured on a local radio programme. The strangest might be Swede and Ginger but I can recommend the Courgette and Lime!

In due course I was invited to join the Board of Directors at the centre and am proud to work with such a dedicated group who do their utmost each year to provide services for the community. At the recent AGM it was revealed there are more activities for children in Barton than in any other area of Oxford, and there is much more besides – come along to the Christmas Bonanza on December 7 to see for yourself.

I take pride in the estate. I have made some great friends, joined the litter-picking and bulb-planting sessions organised by Beautiful Barton and attended events at St Mary's Church and the allotments – there is so much going on and a strong community spirit. I've even started planting bulbs near my house in Hubble Close for the benefit of people walking by the brook.

One deep concern is the threat of the new development north of the brook. New housing is vital but flooding, sewage and increased traffic are real risks. One of the joys of Barton is the countryside on our doorstep but I can see that disappearing as developers replace our view with new estates.

Part of my concern for the countryside is the loss of wildlife – I've seen foxes, badgers, deer, woodpeckers and pheasants in the copse near

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Wick Farm, which may disappear with the encroaching concrete jungle. In my spare time I keep bees and the joy of seeing them return to the hive laden with pollen and nectar to make honey brings home to you how precious our environment is.

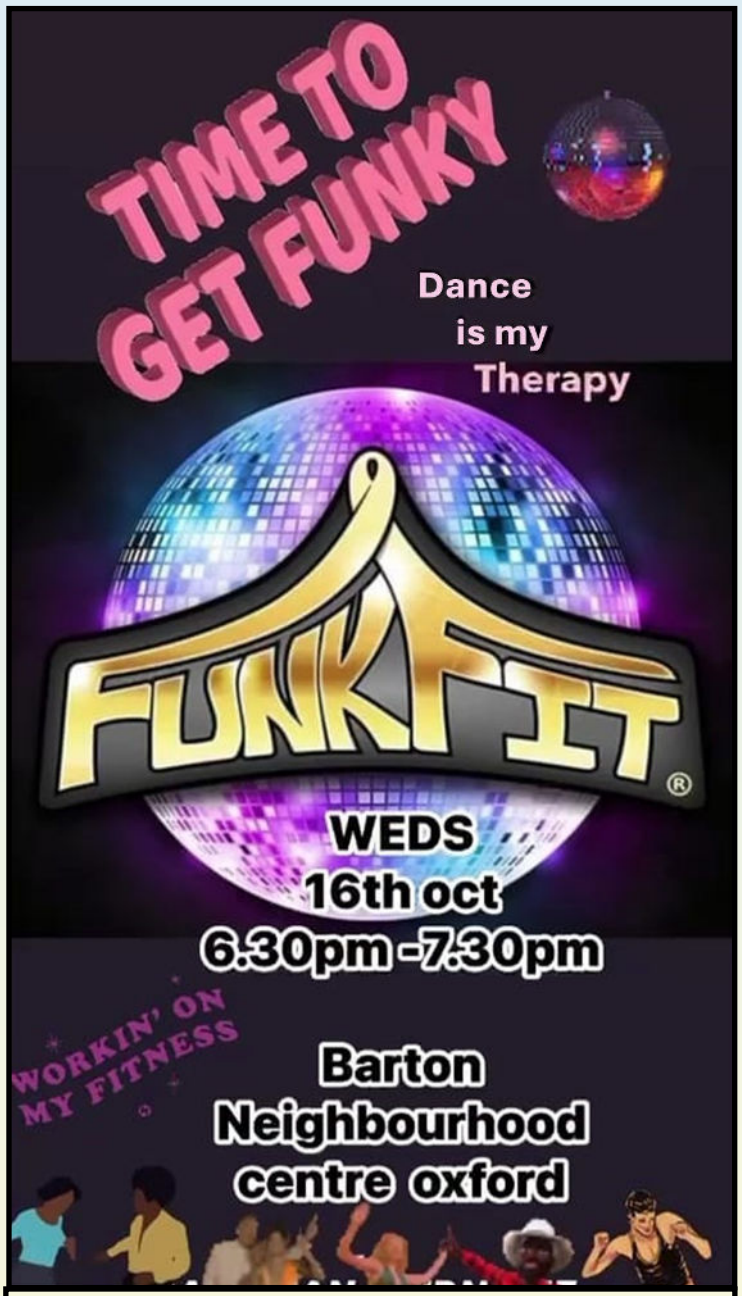


How long I can keep up the beekeeping I don't know – it involves some heavy lifting and I turn 60 in November. I shall probably bake a cake…

Gadget Man or Woman – Barton needs you!

We are hoping to set up a gadget drop in session at the Neighbourhood Centre for a couple of hours each week to help local residents with their phones, tablets, laptops etc – in fact anything techie. If you'd like to share your skills with others please get in touch sue@bartoncomunityassociation.com.

Times of sessions would be very flexible as long as we have a space available. We know there is a need for this type of support - we just need to find the ideal person to deliver!



Funkfit sessions at Barton Neighbourhood Centre

Every Wednesday between now and Christmas. Get funky, get fit!

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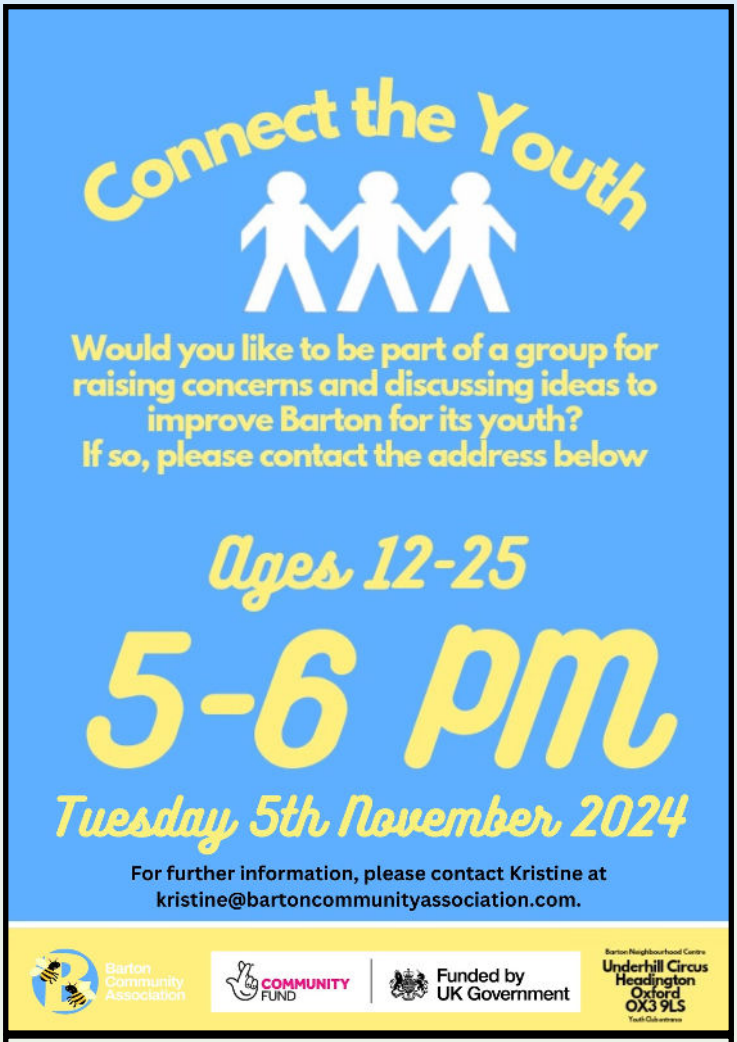
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Healthier Foods Survey | Let's Talk Oxfordshire

Feel free to join in and express your opinions through this short survey (https://letstalk.oxfordshire.gov.uk/healthier-foods-24/surveys/healthier-foods-survey) to ask people who live, work and visit Oxfordshire about access to healthier out of home food (less than 10 minutes to complete). The results will help the council's Healthier Food initiative to shape improvements to our local food environment.

Homework and Revision Club

We will be starting a homework and revision class aimed at Years 10 and 11 from January 2025. The aim is to offer support for Year 11 students in the run up to their GCSE exams and to encourage Year 10 students to use the space to complete their homework in a peaceful and safe environment. We are currently looking for someone to take these sessions (preferably a Year 10 or 11 teacher) to offer support in Maths and English. Day and time to be confirmed with good rates of pay offered. Please contact sue@bartoncommunityassociation.com for further information.



Connect the Youth

Would you like to be part of a group for raising concerns and discussing ideas to improve Barton for its youth?

Join us on the next Connect the Youth meeting on Tuesday 5th November from 5pm to 6pm at Barton Neighbourhood Centre Youth Club. Please click the following link to register: https://forms.office.com/e/j0jPtzemCn .

For more information, please contact Kristine at kristine@bartoncommunityassociation.com.

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Barton Community Larder

Barton Community Larder runs every Tuesday from the sports hall at Barton Neighbourhood Centre. The larder is open to everyone, and we welcome visits anytime we're open so you can look around and chat to volunteers to see if the larder will work for you.

For further information or if you have any questions, please contact Tanya at tanya@bartoncommunityassociation.com or on 07929 868284.

Exercise Classes

Come and join for some fun exercise classes here at Barton Neighbourhood Centre! The following exercise classes are open to everyone.

Mondays

Zumba Gold 11.00am – 12 noon £5 for four sessions

Line Dancing 6.30pm – 7.30pm £5 for four sessions

Tuesdays

Yoga 6.30pm – 7.30pm £10 for five sessions – please bring a mat with you or we have them available for purchase £5 each

Thursdays

Zumba 6.30pm – 7.30pm £5 for four sessions

Saturdays

Body Toning 9.30am – 10.30am £5 for four sessions

All classes run term time only and all attendees need to have a current BCA membership costing £2 per year. This can be completed when you attend your first session if you don't already have a membership.
For further details please contact Sue on 07866 460446 or sue@bartoncommunityassociation.com

Exercise Classes at Barton Neighbourhood Centre

Come and join for some fun exercise classes which are open to everyone! For further details, please contact Sue on 07866460446 or sue@bartoncommunityassociation.com.

Birthday Cakes

Do you know a child who would love a birthday cake, but their carers cannot afford one for them? If so, Free Cakes for Kids may be able to help. Further details can be found here.

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Barton Youth Activities (Term time only)

Art Club—Mondays 3:45pm to 5:15pm (For ages 6 to 11)

Body Politic FREE Hip Hop Dance Classes—Tuesdays 4:30pm to 5:30pm (For ages 11 to 18)

Science Club (by Science Oxford)—Wednesdays 4:00pm to 5:30pm (For Key Stage 2)

Junior Youth Club—Thursdays 4:00pm to 5:30pm (For ages 8 to 12)

Senior Youth Club—Thursdays 6:00pm to 7:30pm (For ages 12 to 16)

Cooking Class— Fridays 4:00pm to 5:15pm (For ages 11 to 16) Very few spaces left

Messy Jam—Fridays 6:00pm to 7:00pm (For ages 11 to 18)

For more information, please contact Kristine at kristine@bartoncommunityassociation.com.

BCA Website and Facebook Pages

The Barton Community Association website can be found on the following link:
https://www.bartoncommunityassociation.com/
Contact Number: 07566 755544
The main Barton Community page can be found on the following link:
https://www.facebook.com/bartoncommunity

The Barton Youth Activities page can be found on the following link:

https://www.facebook.com/BartonYouthActivities



Eatwells Café

A variety of reasonably priced items is available on the menu. Please come and support the café. Grab a quick bite or a drink, or maybe use it as a friendly meeting place to catch up with friends and neighbours. There is a warm cosy space available in which to enjoy your food and drink. We are also looking for some volunteers to come along and help us run the café during opening hours. If you have a couple of hours spare, please get in touch with Kristine at kristine@bartoncommunityassociation.com.

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Volunteering

We at Barton Community Association are so lucky to have so many wonderful volunteers helping us in various ways, but we still have some areas that we need more help with. Please see flyer above for more information or contact Sue at sue@bartoncommunityassociation.com.

Bric-a-brac donations

We welcome limited donations of items such as books and toys for the larder, **but you must speak to Sherrie first to check we have capacity to take them or email sherrie@bartoncommunityassociation.com.**

Items need to be delivered on Monday mornings. Thank you. We sell items very cheaply, prices starting from 10p. **If you wish to buy items, please bring cash with you as we can no longer accept IOUs.**

Coach Trips 2024

Xscape Milton Keynes and Shopping Centre Wednesday 29th May	
Depart Barton 9.00am Depart Milton Keynes 4.30pm 61 seater	£10
Eastbourne Friday 26th July Depart Barton 7.30am Depart Eastbourne 5.00pm 61 seater	£15
Portsmouth and Southsea Friday 2nd August	
Depart Barton 8.00am Depart Portsmouth and Southsea 5.00pm 61 seater	£15
Weston Super Mare and Cheddar Caves Wednesday 7th August	
Depart Barton 7.30am Depart Weston Super Mare 5.30pm 61 seater	£15
Brighton Thursday 15th August Depart Barton 7.30am Depart Brighton 5.00pm 61 seater	£15
Weymouth Thursday 22nd August Depart Barton 7.30am Depart Weymouth 5.00pm 61 seater	£15
Bournemouth Sat 31st August Depart Barton 7.30am Depart Bournemouth 5.30pm 61 seater	£15
Milton Keynes Xmas Shopping Saturday 23rd November	
Depart Barton 9.00am Depart Milton Keynes 5.00pm 61 seater	£15
Stratford Victorian Xmas Market Friday 6th December	
Depart Barton 8.30am Depart Stratford 5.00pm 61 seater	£15

If you would like to book seats on any of the above trips you will need to have a current BCA membership (£2 for 2024 for anyone aged 16+ or free for anyone under the age of 16)

Please call Sue on 07866 460446 or sue@bartoncommunityassociation.com

Or Mandy on 07566 755544 or mandy@bartoncommunityassociation.com

Seats can be paid for by instalments and either by cash, cheque or BACS transfer

Bank details: Metro Bank Barton Community Association Account No. 42609781

sort code 23-05-80 Please use your surname for reference if paying by BACS

We have only booked one coach for each trip this year so book early to guarantee your seats

For any further information please call or email using the details above

All trips are subsidised by Barton Community Association

Coach Trips 2024

Please contact either Sue at sue@bartoncommunityassociation.com or Mandy at mandy@bartoncommunityassociation.com to book a place.

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Barton Christmas Bonanza

Saturday 7th of December 2024 12:00pm to 4:30pm! Please see flyer above for more information.

Each month we would like to feature someone who volunteers in either Barton or Barton Park. If you are a volunteer who would like to be featured, or know somebody who would, please can you send Tanya a photo and a bit about them, so for example how long they've been connected with Barton or Barton Park, what voluntary work they do, what they feel they gain from volunteering, how long they have volunteered for, their advice to anybody thinking about volunteering etc.

Tanya's email is tanya@bartoncommunityassociation.com.



Knitting and Crochet Club

Free to attend Knitting and Crochet Club on Wednesdays 11:30am to 1pm at Barton Neighbourhood Centre. Please see attached flyer for more details or contact Sue at sue@bartoncommunityassociation.com.

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Community Activity Directory

Headington Action have complied a handy Community Activity Directory. For further details please see the flyer attached or click here.

Throwback Photos of the Month



