Barton Newsletter

FOR BARTON AND BARTON PARK **OCTOBER 2024**





Sue Holden won the Great Neighbour Award at the BBC Radio Oxford Make a Difference Awards

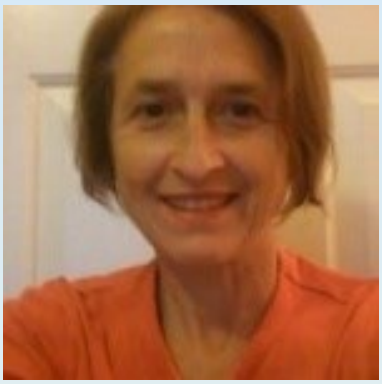
We are delighted that Sue Holden won the Great Neighbour category at the BBC Radio Oxford Make a Difference Awards. There were so many great candidates for all the categories, and humbling and uplifting to see all the amazing things people do for their friends, neighbours and communities. It's a true accolade that Sue came top of all the more than worthy nominees. Well done Sue, and thank you for all you do!

Click on the following link to watch the video: https://fb.watch/uXETEEFkOa/

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Volunteer Focus



Katy Cockram

I am from Oxford and have lived in Barton since 2017.

I worked as a teaching assistant, supporting children with additional needs in mainstream primary and special schools, for 10 years. Before that I taught English as a foreign language in Poland, Russia, Oxford and London. I lived in Poland for 4 years and can speak Polish. I have worked for the Civil Service since 2021.

Community spirit is very important to me and I have really enjoyed getting to know Barton residents by volunteering on local projects and at the Community Larder.



I am passionate about art and in my free time love sewing. This is a photo of trousers I made for a work mate.

I am a volunteer for community safety because I am a strong believer in safe, caring, supportive communities. I have the community safety information stall at the Barton Bash and Risinghurst fete.

I feel privileged to be a Trustee of Barton Community Association and share my experiences and skills through project managing the Barton Underpass Community Mural Project and Barton Art Wall Street Art Project.



Barton Underpass Community Mural



Barton Art Wall Street Art

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Oxford City Leisure

Join us for our Big Open Weekend on Saturday 5th & Sunday 6th October 2024 at Barton Leisure Centre.

Enjoy FREE activities, taster sessions, classes, friendly advice, special offers and more!

Come and take a look around, try various activities and meet our fantastic team – they will be on hand to answer all of your enquiries.

You don't have to be a member of our leisure centre or have visited us before to get involved in our Big Open Weekend, so why not bring your friends and family along too?

Please check the booking details for activities below - some need booking in advance. We look forward to seeing you soon.

Big Open Weekend hours:

Saturday 5th October: 8am - 4pm
Sunday 6th October: 8am - 4pm



Free Gym Sessions

Bring a friend for free and discover our gym together! Our team will welcome you both, and provide a quick introduction to help you both get started. Enjoy exploring our equipment and facilities while having a workout buddy by your side! We can also provide you with a FREE Boditrax Scan: This is

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an amazingly clever system that assesses your body and, very quickly, delivers 14 different measurements, such as your ideal weight, your BMI and your metabolic age, as well as your fat and muscle mass. It's completely free to use, and you can also get a free review of your results.

No need to book, just turn up!

Swimming Sessions

Free swimming Taster Lessons

These lessons are designed to build confidence and introduce essential water skills in a fun and supportive environment, perfect for anyone new to swimming. These sessions are a great chance to dive in, learn new techniques, and enjoy our pool exclusively for free for the weekend. Stages include:

Preschool
Stage 1
Stage 2

Speak to a member of our reception team to get booked in.

Special Offers

Come along to our centre on Saturday 5th & Sunday 6th October and take advantage of fantastic offers, exclusively available on the day.



Chop and Chat, zero waste cooking with Replenish

Where: **Barton Library**
Date of event: Wednesday 09/10/24
Description of event**: Come along and prepare some tasty salads to enjoy together while we share meal planning and zero-waste cookery tips and ideas. Bring your questions about how to reduce your household food waste – maybe even monitor your waste the week before. Share your top recipes for quick and easy mid-week meals or your favourite theme night.**
Start time: 14:00
End time: 15:30
Price: **Free**
Audience: **Adults**

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Get Online Week at Barton Library

Date of event: **Tuesday 15/10/24**
Description of event: **Using the library app: Supporting you to sign up to and use our library app.**
Start time: **12:00pm**
End time: **13:00pm**
Price: **Free**
Audience: **Adults**

Get Online Week at Barton Library

Date of event: **Wednesday 16/10/24**
Description of event: ***Intro to e-Books, eMagazines and eAudio*: we will show you how to use our eBook/audio/ newspaper and magazines! Bring your device with you!**

Start time: **14:00pm**
End time: **16:00pm**
Price: **Free**
Audience: **Adults**

Have your say on women's health services in Oxfordshire!

Healthwatch Oxfordshire would like to hear about your experiences of getting help for women's health issues, such as perimenopause, periods or cervical screening, as well as your experiences of health services more generally.

- What works well and what could be better?
- Is there anything that makes it difficult to get the help you need?
- What ideas do you have for how women's health services could be better?

Please share your experiences and views by completing an anonymous online

survey at www.smartsurvey.co.uk/s/womenshealthservices/.

The survey will be open until 31st October.

Healthwatch Oxfordshire is an independent charity for people who use health and social care services. It finds out what matters to local people and makes sure their views are heard by the people who make decisions about those services.

It will use your feedback about women's health services to help shape support and improve services.

If you would rather talk to someone about your experience, or would like a paper copy or translated survey, please contact Healthwatch Oxfordshire on 01865 520520 or at hello@healthwatchoxfordshire.co.uk.

To find out more about the work of Healthwatch Oxfordshire, see www.healthwatchoxfordshire.co.uk.



The Story Museum Podcasting Workshops

Please see attached flyer for more information.

Barton Youth Activities (Term time only)

Art Club—Mondays 3:45pm to 5:15pm (For ages 6 to 11)

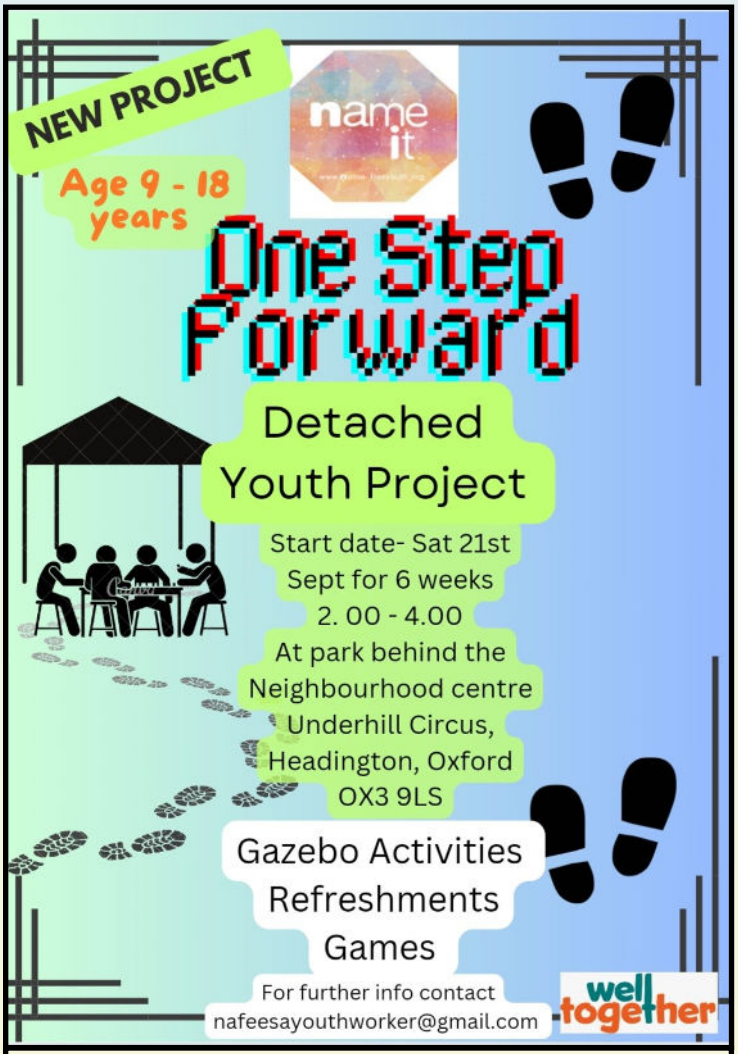
Body Politic FREE Hip Hop Dance Classes—Tuesdays 4:30pm to 5:30pm (For ages 11 to 18)

Science Club (by Science Oxford)—Wednesdays 4:00pm to 5:30pm (For Key Stage 2)

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Junior Youth Club—Thursdays 4:00pm to 5:30pm (For ages 8 to 12)
Senior Youth Club—Thursdays 6:00pm to 7:30pm (For ages 12 to 16)
Cooking Class— Fridays 4:00pm to 5:15pm (For ages 11 to 16) **FULL**
Messy Jam—Fridays 6:00pm to 7:00pm (For ages 11 to 18)
For more information, please contact Kristine at kristine@bartoncommunityassociation.com.



One Step Forward by Name It Youth Project

Please see attached flyer for more information.



Listen Up Project by Oxford Contemporary Music

OCMS and InSpireSounds will be running more of the free Listen Up sessions for 10 -14 year olds again which will take place at the OCMS building in Barton, from Wednesday 30th of October to Friday 1st of November, from 11am to 3pm. Any interested young people are encouraged to sign up via our webpage (with their parents/guardians permission): https://www.ocmevents.org/learning/listen .

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Barton Community Larder

Barton Community Larder runs every Tuesday from the sports hall at Barton Neighbourhood Centre. The larder is open to everyone, and we welcome visits anytime we're open so you can look around and chat to volunteers to see if the larder will work for you. For further information or if you have any questions, please contact Tanya at tanya@bartoncommunityassociation.com or on 07929 868284.

BCA Website and Facebook Pages

The Barton Community Association website can be found on the following link: https://www.bartoncommunityassociation.com/

Contact Number: 07566 755544

The main Barton Community page can be found on the following link: https://www.facebook.com/bartoncommunity

The Barton Youth Activities page can be found on the following link: https://www.facebook.com/BartonYouthActivities



Exercise Classes at Barton Neighbourhood Centre

Come and join for some fun exercise classes which are open to everyone! For further details, please contact Sue on 07866460446 or sue@bartoncommunityassociation.com.

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Knitting and Crochet Club

Free to attend Knitting and Crochet Club on Wednesdays 11:30am to 1pm at Barton Neighbourhood Centre. Please see attached flyer for more details or contact Sue at sue@bartoncommunityassociation.com.

Birthday Cakes

Do you know a child who would love a birthday cake, but their carers cannot afford one for them? If so, Free Cakes for Kids may be able to help. Further details can be found here.



Eatwells Café

A variety of reasonably priced items is available on the menu. Please come and support the café. Grab a quick bite or a drink, or maybe use it as a friendly meeting place to catch up with friends and neighbours. There is a warm cosy space available in which to enjoy your food and drink. We are also looking for some volunteers to come along and help us run the café during opening hours. If you have a couple of hours spare, please get in touch with Kristine at kristine@bartoncommunityassociation.com.

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VOLUNTEERS NEEDED

Barton Community Association needs your help!

MINIBUS DRIVER VOLUNTEER
Do you enjoy driving? Would you like to take people out and about for a day once a month on local trips?

YOUTH ACTIVITIES VOLUNTEER
Do you enjoy working with young people? Do you want to help in bringing opportunities for the young people of your community?

EATWELLS CAFÉ VOLUNTEER
Are you a cheerful person who enjoys meeting people from your community?

STAY AND PLAY VOLUNTEER
Do you want to help in running fun sessions for toddlers and meeting parents from your community?

LIBRARY VOLUNTEER
Do you want to help in providing an efficient way to access books for your community?

For more information, please contact Kristine at **kristine@bartoncommunityassociation.com**

Volunteering

We at Barton Community Association are so lucky to have so many wonderful volunteers helping us in various ways, but we still have some areas that we need more help with. If you are interested or you have any questions, please contact Kristine at kristine@bartoncommunityassociation.com.

Bric-a-brac donations

We welcome limited donations of items such as books and toys for the larder, **but you must speak to Sherrie first to check we have capacity to take them or email** sherrie@bartoncommunityassociation.com**.**

Items need to be delivered on Monday mornings. Thank you. We sell items very cheaply, prices starting from 10p. **If you wish to buy items, please bring cash with you as we can no longer accept IOUs.**

Coach Trips 2024

Xscape Milton Keynes and Shopping Centre Wednesday 29th May

Depart Barton 9.00am Depart Milton Keynes 4.30pm 61 seater £10

Eastbourne Friday 26th July Depart Barton 7.30am Depart Eastbourne 5.00pm 61 seater £15

Portsmouth and Southsea Friday 2nd August

Depart Barton 8.00am Depart Portsmouth and Southsea 5.00pm 61 seater £15

Weston Super Mare and Cheddar Caves Wednesday 7th August

Depart Barton 7.30am Depart Weston Super Mare 5.30pm 61 seater £15

Brighton Thursday 15th August Depart Barton 7.30am Depart Brighton 5.00pm 61 seater £15

Weymouth Thursday 22nd August Depart Barton 7.30am Depart Weymouth 5.00pm 61 seater £15

Bournemouth Sat 31st August Depart Barton 7.30am Depart Bournemouth 5.30pm 61 seater £15

Milton Keynes Xmas Shopping Saturday 23rd November

Depart Barton 9.00am Depart Milton Keynes 5.00pm 61 seater £15

Stratford Victorian Xmas Market Friday 6th December

Depart Barton 8.30am Depart Stratford 5.00pm 61 seater £15

If you would like to book seats on any of the above trips you will need to have a current BCA membership (£2 for 2024 for anyone aged 16+ or free for anyone under the age of 16)

Please call Sue on 07866 460446 or sue@bartoncommunityassociation.com

Or Mandy on 07566 755544 or mandy@bartoncommunityassociation.com

Seats can be paid for by instalments and either by cash, cheque or BACS transfer

Bank details: Metro Bank Barton Community Association Account No. 42609781

sort code 23-05-80 Please use your surname for reference if paying by BACS

We have only booked one coach for each trip this year so book early to guarantee your seats

For any further information please call or email using the details above

All trips are subsidised by Barton Community Association

Coach Trips 2024

Please contact either Sue at sue@bartoncommunityassociation.com or Mandy at mandy@bartoncommunityassociation.com to book a place.

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Vacant Positions

Paid Positions:
Mini Youth Club
Art Club
Stay and Play (this post won't become available until later on this year)

Volunteering Positions:
Help with larder set up on Monday mornings (includes some physical tasks)
Café volunteers Mondays, Wednesdays and Thursdays
Volunteers for Mini youth club and Art Club

For more information please contact Sue at sue@bartoncommunityassociation.com

BCA Vacant Positions

Please see flyer above for more information or contact Sue at sue@bartoncommunityassociation.com.

Each month we would like to feature someone who volunteers in either Barton or Barton Park. If you are a volunteer who would like to be featured, or know somebody who would, please can you send Tanya a photo and a bit about them, so for example how long they've been connected with Barton or Barton Park, what voluntary work they do, what they feel they gain from volunteering, how long they have volunteered for, their advice to anybody thinking about volunteering etc.

Tanya's email is tanya@bartoncommunityassociation.com.



Barton Christmas Bonanza

Saturday 7th of December 2024 12:00pm to 4:30pm! Please see flyer above for more information.

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Community Activity Directory

Headington Action have complied a handy Community Activity Directory. For further details please see the flyer attached or click here.

Throwback Photos of the Month



